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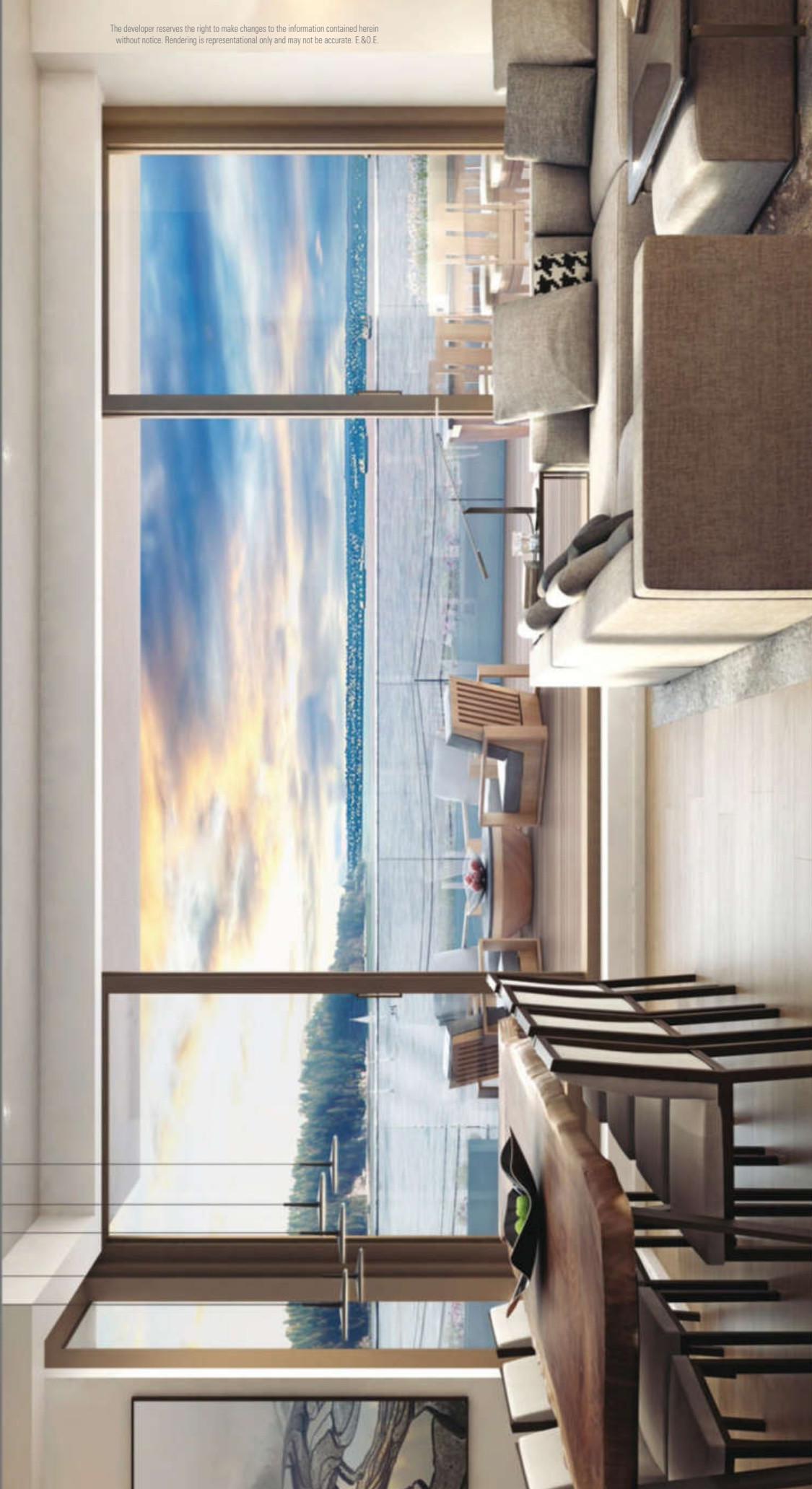
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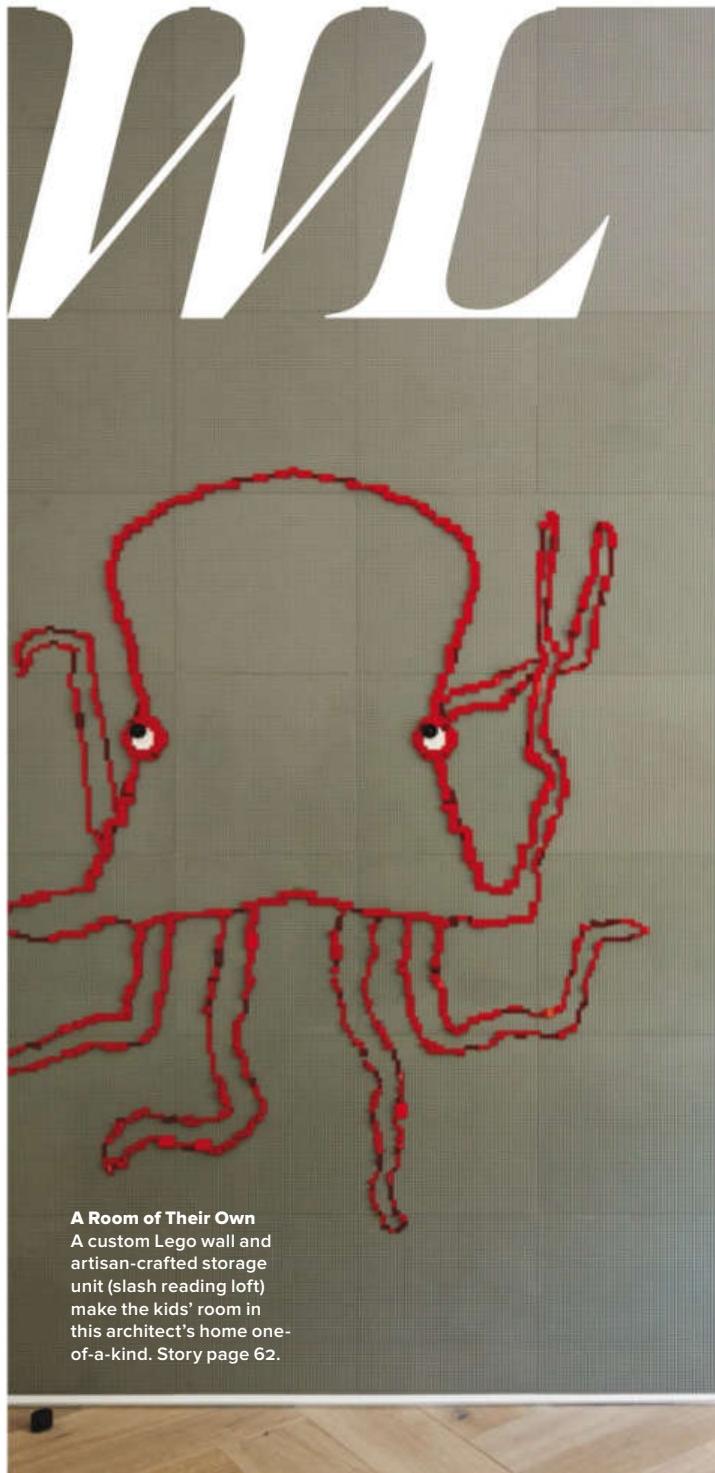
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A Room of Their Own
A custom Lego wall and
artisan-crafted storage
unit (slash reading loft)
make the kids' room in
this architect's home one-
of-a-kind. Story page 62.



OCTOBER 2015
BRITISH COLUMBIA // VOLUME 45 // NUMBER 8

STYLE STATEMENTS

34 // The New Luxe

Velvet and brass, walnut and copper, jewel tones and marble: the latest furniture designs are making vintage materials so very relevant.

52 // View to a Thrill

With a rare view of both city and mountains, this Calgary home, designed by Sturgess Architecture, could do only one thing: capture it.

62 // Design Lab

A Vancouver home becomes an experiment in collaborative design between its architects—our 2015 Architecture Designers of the Year—and the artisans they work with.



26

**STYLE****25// One to Watch**

Interior designer Jamie Banfield creates spaces with West Coast flair.

26// Shopping

The coolest new products for home and life, from across the West.

28// Openings

Hot new rooms and highly anticipated shops.

30// Great Spaces

Organic meets modern in a geologist's home office designed by Shift Interiors.

FOOD**74// Bites**

Restaurant openings, kitchen gadgets, chefs' tips, and all the foodie news you need to know.

76// Wanderlist

Braving long lines and full reservation books in San Francisco's hottest 'hood.

78// My Dad's Spaghetti

...and other family recipes from the West's best chefs, perfect for when the weather turns cool and comfort is king.

TRAVEL**98// My Neighbourhood**

The duo behind Parker Barrow share their favourite haunts in L.A.'s Hel-Mel.

100// The SoPi Playbook

A stop-by-stop guide to Paris's hottest neighbourhood.

PLUS**127// Sources**

Where to get the looks you see in these pages.

130// Trade Secrets

Ami McKay shares the design inspiration behind a perfectly pretty kitchen pantry.

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LETTERS, ETC.

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INSTA-LOVE

Such an inspiring space! I can imagine laughter and happiness filling this space!

@KRISTINASRAR



EPPICH HOUSE

Great design is timeless. Cheers to Erickson's vision and the young family that has embraced it.

@QUAKEFURNITURE

OUR NEW LOOK

Whoa. Pretty slick.
Looks good!

@ACIVIDINO12

Wonderful updated look!
And thanks for recognizing Sholto Design Studio for furniture design.

SWITZER CULT CREATIVE

How fantastic!
Nicely done ... very elegant.

@THEPALLOU

PATIO PROPS

Thank you so much for the selection as one of the best patios on the West Coast (*Editors' Picks: Best Summer Patios*). We are blown away! I really appreciated the personal touch each of you put in.

**SCOTT MCVICKER, OWNER,
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ONLINE THIS MONTH

Find the October issue's web exclusives at westernliving.ca/october.



DRINK

Fussy Drinks Worth the Wait

Western Living editors name their favourite complicated cocktails worth the price of parts and labour.



DECOR

Baby Room 2.0

Gone are the days of wall-to-wall pink and cartoon princess decals. Today's kids' rooms are about the parents, too.



VIDEO

Vancouver Home + Design Show

Preview: Boy With a Knife Chef Brandon Dac shows us how to break down a whole chicken in minutes.

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Paul Roelofs

FOOD AND TRAVEL EDITOR

Neal McLennan

ASSOCIATE ART DIRECTOR

Naomi MacDougall

ASSOCIATE EDITOR

Stacey McLachlan

ASSISTANT ART DIRECTOR

Jenny Reed

STAFF WRITER

Julia Dilworth

CONTRIBUTING EDITORS

Amanda Ross, Nicole Sjöstedt, Barb Sligl,

Jim Sutherland, Julie Van Rosendaal

CITY EDITORS

Karen Ashbee (Calgary), Alana Willerton (Edmonton), Shelora Sheldon (Victoria)

EDITORIAL INTERN

Patrick Easton, Kaitlyn Gendemann

ART INTERN

Claire Roskey, Jamie Yeung

EMAIL mail@westernliving.ca

WESTERNLIVING.CA

ONLINE EDITOR

Stacey McLachlan

ONLINE COORDINATOR

Rachel Morten

PRODUCTION MANAGER

Lee Tidsbury

DESIGNER

Swin Nung Chai

MARKETING & EVENTS MANAGER

Dale McCarthy

EVENTS COORDINATOR

Laura Lilley

MARKETING ASSOCIATE

Rhiannon Morris

ADMINISTRATIVE ASSISTANT

Rachel Morten

TEL 604-877-7732 **FAX** 604-877-4848

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PUBLISHER & GM

Tom Gerasimczuk

VANCOUVER OFFICE

ADVERTISING SALES DIRECTOR

Edwin Rizarri

EMAIL Edwin.Rizarri@ypnexthome.ca

ACCOUNT MANAGERS

Corinne Gillespie, Nicole Lilly, Carly Tsiring

SALES COORDINATOR

Gabriella Sepulveda Knuth

Suite 560, 2608 Granville St.,

Vancouver V6H 3V6. **TEL** 604-877-7732

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Lory Couroux

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CALGARY & EDMONTON OFFICE

ACCOUNT MANAGERS

Wendy Pratt,

5516 - 5th St. SE, Calgary T2H 1L3

CALGARY TEL 403-262-6520

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FAX 403-237-5918

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Moe Lalani

DIRECTOR OF CONTENT

Susan Legge

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500-401 The West Mall

Etobicoke, Ontario M9C 5J5

TEL 855-626-4200

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A LITTLE COMFORT ON A COOL NIGHT

As you might guess from my name, I have dual heritage: Irish on my dad's side (the Quin part), Slovak on my mom's (the Anicka). Those two sides have given me a pair of dishes that each evoke childhood memories of comfort for me. On the Slovak side, it's a potato and cabbage dish known as *halušky* (which also happens to be Slovakia's national dish), a meal that my mom would whip up on special occasions—a birthday, Christmas (both the regular one in December, and Slovak Christmas, which we celebrate in January), a hard day at school. And on the Irish side, it's my grandmother's tea biscuits, which would inevitably be hot and waiting for me whenever I visited her little split-level in North Toronto. Studded with raisins and slathered with butter, they taste like a hug.

As we roll into fall, we thought it was the perfect time to reach out to some of our favourite chefs in the West and share their top comfort-food recipes: dishes that their parents, or, in some cases, grandparents, would make for them that have now become part of their rainy-night repertoires ("My Dad's Spaghetti," page 78). There are some great cooler-season recipes here: Matt Batey of the Nash in Calgary reminisces about the "dinner pancakes" that his shift-working parents would make; chef Jonathan Chovancek of Vancouver's Kale and Nori updates his much-loved great-grandmother's perogies with spicy chorizo.

I suspect many of you have also updated some of your own favourites over the years. (Author Susan Juby, an old friend from my grad-school days, once took it upon herself to perfect the ultimate macaroni and cheese recipe—a feat that I very much appreciated as one of her taste-testers.) Share your modernized comfort-food recipes with me, and we'll spread the delicious and heartening word at westernliving.ca—the food equivalent of a cozy blanket on a cool fall night.



ANICKA QUIN, EDITOR-IN-CHIEF

ANICKA.QUIN@WESTERNLIVING.CA

Q&A

This month we asked our contributors, what's your go-to comfort food once the temperature drops?



Frances Bula,
writer

"Mission Possible"
PAGE 76

I've never loved a miserable, dark, monsoon-rain November night so much as the one I spent in Seattle's cozy Spinasse, where I feasted on cipollini onions stuffed with rabbit sausage, tagliatelle with pheasant and huckleberry, and roasted beets.



Robert
Lemermeyer,
photographer

"View to a Thrill"
PAGE 52

My go-to comfort food in the cooler months would definitely be winter borscht. My wife is Ukrainian and she makes the classic meatless version from her Baba's recipe. Works great when you are feeling a little run down. The whole family loves it!



Behind the Scenes

The team pose for a faux *Western Living* cover: as stylist Nicole Sjöstedt (left) does the heavy lifting for our furniture shoot (page 34) at the newly renovated venue the Permanent, photographer Clinton Hussey (centre) and art director Paul Roelofs chill out.

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SHOPPING // TRENDS // PEOPLE // SPACES // OPENINGS // INTEL

ONE TO WATCH

Artistic License

JAMIE BANFIELD

Vancouver interior designer

"I may not know the answer to everything, but I'm always looking for a new way to use products," laughs interior designer Jamie Banfield. He's built a custom countertop from wood found in the Richmond Olympic Oval's scrap pile, and is currently working to construct a table made from railroad ties and an old tree stump ("I try to think local, and I love repurposing things"). While his designs are filled with West Coast flair—think wood and stone accents, and beach-inspired colour palettes—Banfield also focuses on functionality. Interior design, he says, is about "being an artist, but also being an engineer on the practical side of things."—Kaitlyn Gendemann



The Pretty and the Practical
Catch Jamie Banfield sharing his design tips and expert advice at the Vancouver Home and Design show, October 22–25.

See Banfield's work at westernliving.ca/october



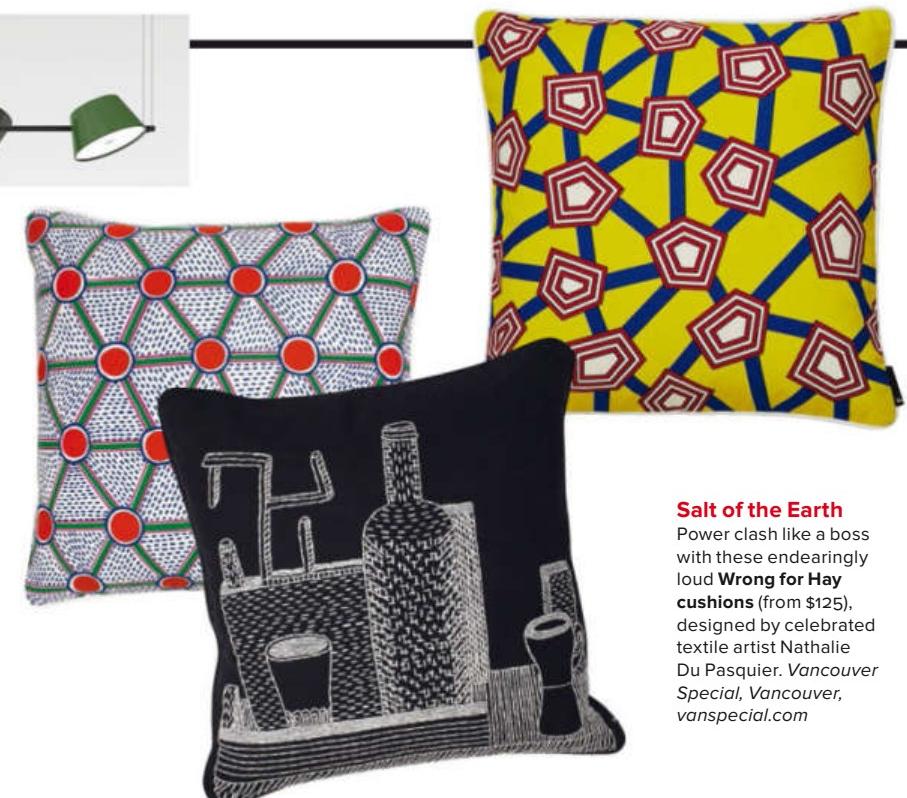
Anicka's Pick

Tam Tam lamp by Marset

From \$1,875, available at Lightform in Vancouver, lightform.ca

I've got several never-ending quests, it seems, when it comes to my home: finding a glider that rocks a mid-century vibe, blackout curtains that work with a vintage glider system, and linear lighting for my kitchen that's modern without being too weird. Thankfully, Spanish lighting company Marset seems to have nailed the latter. Their popular Tam Tam lights—previously in pendant and stand versions—now come linear in a broad range of colours (and I'm a sucker for colour, anywhere). They're made of lacquered aluminum, with an opalescent, methacrylate diffuser over the open end to soften the light. And the lights along the hanging pole can be oriented in any direction (uplight the ceiling for ambient lighting, angle one toward the sink for when it's prep time). Now, if I could just find that glider...

 For more of Anicka's picks, visit westernliving.ca/shopping



Salt of the Earth

Power clash like a boss with these endearingly loud **Wrong for Hay cushions** (from \$125), designed by celebrated textile artist Nathalie Du Pasquier. *Vancouver Special, Vancouver, vanspecial.com*

NOTEWORTHY

New in stores across the West



Spin Me Round

White on white looks all right on the trendy, marble-topped **Blu Dot Right Round table** (\$2,039). *Designhouse, Vancouver, designhouse.ca*



Flip Out

The Italian-made **Chillap chair** (from \$5,680) features a movable arm pad that transforms the piece in a snap from a sleek armchair to an instant laptop desk or side table. *Resource Furniture, Vancouver, resourcefurniture.com*



Bottle Service

We know it's important to hydrate, but we also know it's important to do it in style. These limited-edition feather-print **Mara Hoffman S'well bottles** (\$42) will do nicely. *Indigo, across the West, indigo.ca*

Wine O'Clock

Aerate your wine in two minutes flat with the ultra-efficient (and ultra-sleek) **Menu**

Winebreather carafe (\$73), then serve it straight from the vessel or decant it back into the original bottle. *Espace D, Vancouver, espacedonline.com*



Good as Gold

When Warren Platner first designed his iconic **chair** for Knoll (\$5,779; **stool** is \$2,650), he dreamed of finishing it with gold—but only now, on the 50th anniversary of the beloved piece, is the technology possible. It's a golden year. *Gabriel Ross, Victoria, grshop.com; Livingspace, Vancouver, livingspace.com*



Block Party

These hand-blocked, ultra-soft cotton **bedding sets** (duvet covers from \$338) from Canadian company Kiska Textiles come in a variety of patterns, so mix and match the lacy mandalas, dotted diamonds and tiny block prints to your heart's content. *Bespoke Design, Victoria, bespokesign.ca; The Cross Decor and Design, Vancouver, thecrossdesign.com*



Make Like a Tree

Though the **Calligaris Basil chair** (\$298) is made with a polypropylene seat, it nods to nature with a curved basil leaf shape. There is no basil green colour, but mustard yellow, sky blue and candy-apple red make for fun alternatives. *Studio Y Design, Victoria, studiodydesign.ca; HomeDelight, Vancouver, homedelight.ca*



Total Eclipse of the Light

The two touching spheres of **Flos's Copycat light** (\$779) look like magnetized planets, one a softly glowing orb and the other its shimmering metallic junior. *Livingspace, Vancouver, livingspace.com*

Bright Light

The handcrafted **DwellStudio Astrid chandelier** (\$2,850) is just on the right side of steampunk—the clean design and on-trend brass finish keep it firmly in the 21st century. *Gabriel Ross, Victoria, grshop.com; Fullhouse Modern, Vancouver, fullhouseconsign.com*



NOTEWORTHY

New in stores across the West

Starry Night

Inspired by the night sky, the **18 Karat Nebula vase** (from \$42) brings a hit of galaxy chic into your space, thanks to a speckled, black lustre finish. *18 Karat, Vancouver, 18karatstore.com*



OPENINGS

Hot new rooms we love



CALGARY
Fresh Laundry

The concept shop, dedicated to organic and ethically sourced bath and beauty products with a chic aesthetic, is helping keep Inglewood squeaky clean. *freshlaundry.co*



Bathing Beauty

ONE-QUESTION INTERVIEW WITH **IAN DAVIES**

Co-founder, Fresh Laundry

How do you design the perfect bathroom?

You want to keep things clean and minimal, with an accent wall or great piece—we have used a moss wall in our space. And great bath, body and beauty products are important too, of course. As graphic designers by trade, we like product designers who take the time to focus on all aspects of design, whether that's the packaging, how things are made or how they work. That shows they spent the time thinking about all aspects of the product and that it's going to be great quality. It's also really great to look at well-designed products—they're like pieces of art for every day.

MORE NEW ROOMS



VICTORIA
The Market Garden
Ryan Townsend, urban farmer and seed connoisseur, offers 213 varieties of organic seeds (including purple-stemmed broccoli and tiny watermelon-striped cucumbers) alongside fresh produce and gardening goodies. *themarketgarden.ca*



VICTORIA
Tout de Sweet
We hope you've got a sweet tooth: find handcrafted caramel corn, toasted coconut-covered marshmallows, fruit chews and lollipops at this artisanal confectioner. *toutdesweet.ca*



VANCOUVER
Simons
The beloved Quebec fashion and home retailer comes to the West Coast, and the Park Royal shop celebrates a sense of place with installations from local artists like Douglas Coupland. *simons.ca*



EDMONTON
Modern Gravity
We don't know for sure if flotation therapy is the cure—all some claim it to be—but the tranquil, faux-starlit rooms offer a moment of Zen either way. *moderngravity.ca*

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THIS OFFICE ROCKS

Organic meets modern in a geologist's home office.

It's no surprise a geologist would request some organic elements in her home design. And it's no surprise that Jamie Deck and the team at Shift Interiors would fulfill that request with plenty of modern charm. The sleek and simple office incorporates both crisp, modern lines and hits of natural materials. The desk fits perfectly in this little alcove, and that's no coincidence: it's a custom piece, crafted from Ikea filing cabinets and a walnut slab top. A cozy West Elm chair in grey and white tucks neatly underneath. Treasures like rocks and fossils get the star treatment, displayed in an elegant glass box on the shelf. "Using trays and boxes to confine decorative objects is key to keeping the look clean," says Deck. Painted stripes run from the workspace back into the bedroom, but they're not the only element that ties in with the master suite. The antlers, a family heirloom, were mounted on a fabric swatch that matches the bedspread. "It's a matter of harmonizing things," Deck says. "Objects talk to each other."



Sweet Seat

This cozy grey Saddle Office chair (\$557) plays off the room's grey, white and wood colour palette perfectly. westelm.ca

Light It Up

The antique bronze Industrial Task table lamp (\$158) illuminates the workspace beautifully. westelm.ca



Pretty Pot

Add a little texture to your desktop with the 18 Karat Weave pot (\$1). 18karatstore.com



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HUDSON'S BAY

FALL'S NEW MOOD

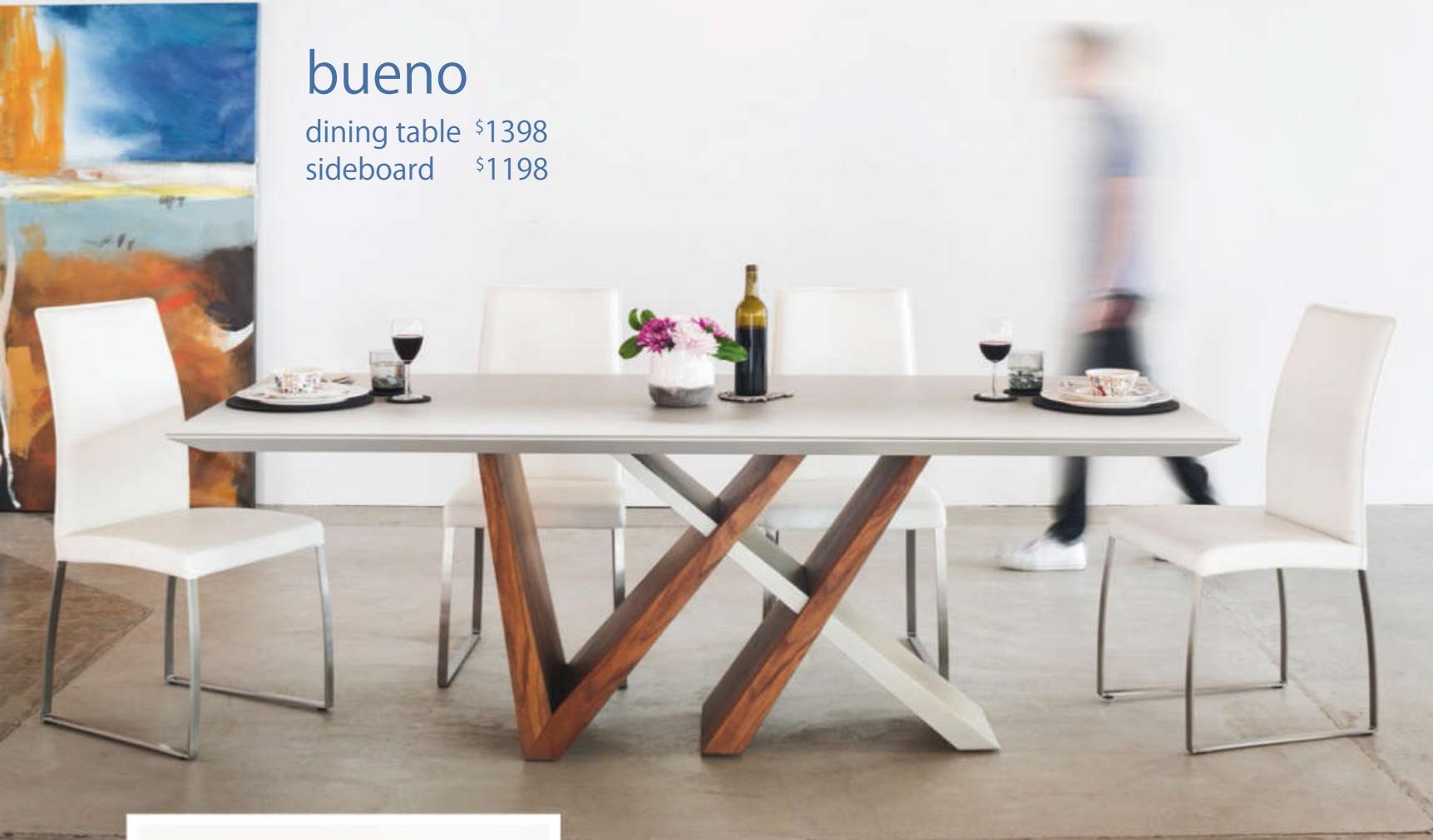
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Picture Perfect

We're shining a spotlight on new designs, including this personal home—find it on page 62—from our Architects of the Year, Measured, that's all about collaboration between artist and architect. (Right down to the curtains, designed by the fabric geniuses at Ravi Design, who experimented with an unusual hem that creates a much better drape.) And the best in new furniture designs and trends, too—from a sapphire blue sofa to a set of shiny copper side tables. Find your next star piece, starting on the next page.

A Little to the Right
Monica Berdin puts the finishing touch on an art wall in her new home; story on page 62.

Martin Tessler

THE NEW LUXE

*VELVET AND BRASS,
WALNUT AND COPPER,
JEWEL TONES AND
MARBLE: THE LATEST
FURNITURE DESIGNS
ARE MAKING VINTAGE
MATERIALS SO VERY
RELEVANT.*

*produced by NICOLE SJÖSTEDT // photographs by CLINTON HUSSEY
shot on location in Vancouver at THE PERMANENT*



VELVET REVOLUTION

Just as Valentino and Givenchy brought this rich material into their fall 2015 collections, velvet seating brings that same sense of luxury home. It's a feminine look, even on an angular piece such as this one: with its Lucite frame and brushed brass accents, **Jonathan Adler's Jacques bench (\$2,249)** would sit pretty in either modern or traditional spaces.





BOLD AND BRASSY

The fashion blogosphere has championed the return of the '80s for some time (most recently designer Jonathan Anderson created a collection inspired by the Berlin club kids who partied before the fall of the Wall), so perhaps it's no surprise that brass has come back as the latest warm metal to heat up our homes. This **Liev console from Arteriors** (\$1,622) features an antiqued finish—perhaps less shiny than a club kid might covet, but just perfect for an entryway.

COZY AND BRIGHT

Cocooning is back, though it's less about staycations and dinner parties and more on the micro level: finding cozy spots in our homes for a quiet moment. Look for chairs that update the classic wing-back design (originally created for drafty homes), like this **Elk chair by Gus Modern** (\$1,350). And copper, that stalwart of mid-century modern design, gets a super-shiny, bright-as-a-new-penny look. **Ligne Roset's copper-plated side tables** (from \$819) and **Clara coat rack** (\$1,277) bring shine without being garish, thanks to modern lines and nature-inspired design.



BIG BLUE

Jewel tones have boldly returned to furniture design—they were prominent at both the Milan and Stockholm furniture fairs—and, generally speaking, they aren't for the timid and are best served in accent pieces (an emerald throw, a ruby red pillow). But this sapphire blue **Onkel sofa by Normann Copenhagen** (\$4,500) defies convention and manages to be both bold and neutral, a safe bet for a jewel-tone lover who's ready to test a little colour on a larger piece. It's a rich enough shade to read almost black, with both modern curves and mid-century tucks on its back.

MO' MARBLE

It was at last year's Milan Furniture Fair that we first saw the return of marble in furniture design—technology has made it easier to craft this porous material into lasting pieces. And what was once considered a more traditional material has shifted into modern spaces, too, with top names like Patricia Urquiola creating marble bookcases and desks. Here, black marble ups the drama: **Jonathan Adler** uses it for his **Futura vase** (opposite, \$499), while **EQ3's Mesa dinette table** (opposite, \$899) is a case study in contrast, with powder coated daisy-yellow legs.





BLOCK PARTY

In their 2016 trends prediction, the experts at Behr paint pointed to high-contrast design as their look of the year: chromatic brights paired with dark moody tones, pops of colour in more neutral settings. Colour blocking can be dramatic (see the black and yellow table from EQ3 on the previous page), or softer, like this mustard yellow-meets-oatmeal pairing on **Ligne Roset's Ottoman armchair** (\$2,800).



The making of a new classic. In a refined swoop back to the 1950s, Gia graces the living room with an elegant mid-century curve of line and the best of old-school craftsmanship. Handcrafted in a family-owned North Carolina workshop that's home to generations of furniture makers, no corners are cut. The skills required to achieve its continuous curves and hand-tufted button back are exceptional and rare.



Crate&Barrel Furniture Collection

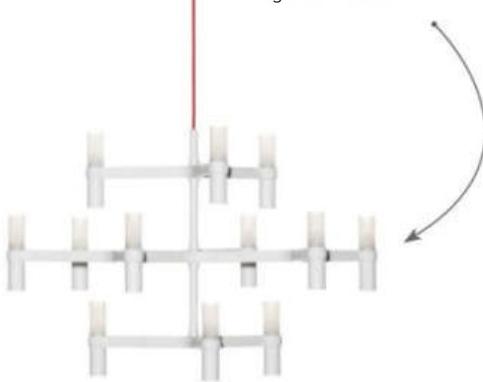
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LIGHTEN UP

The latest lighting shows off serious curves—and angles. From bulbous glass orbs to Escher-like geometric shapes, these lights show off some striking contours.

Captain Nemo

Like the illusory art of Escher, the **Net Line** by Artemide (from \$1,625) is modular and maze-like and seemingly never-ending. artemide.com



Dolloped Up

These **Matrioshka glass pendants** (\$1,355) by Stone Designs for Innermost are inspired by Russian nesting dolls. innermost.net



Task Master

With pop-colour appeal on a small footprint, the **Swabdesign task lamp** (\$189) from West Elm is the perfect desk companion. westelm.ca



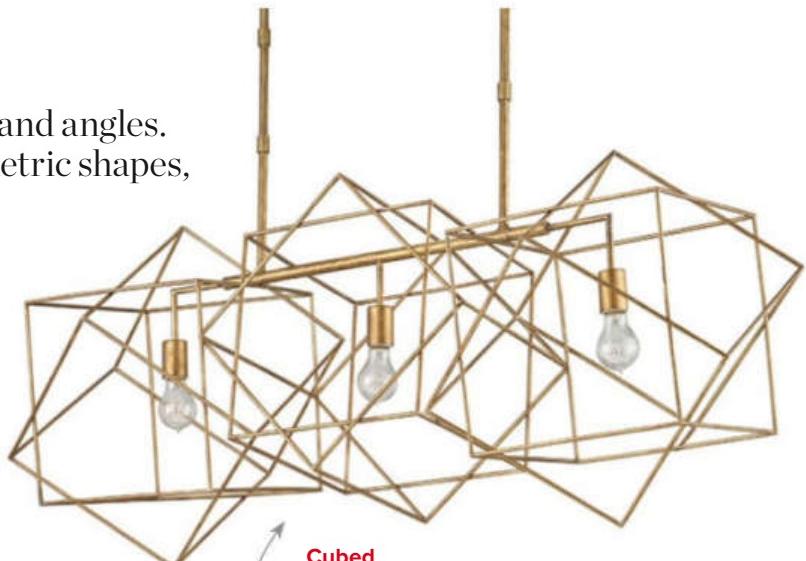
DESIGNER'S PICK

*Kevin
Mitchell*



Cubed

The interlocking cubes of the **Erickson rectangular chandelier** (\$2,530) by Currey and Company bring geometric pattern-play to your living space. curreycodealers.com



Small Wonder

The Scandinavian design of the **JWDA Concrete lamp** (\$275) for Menu is a mash-up of raw concrete and smooth glass, punctuated with the lovely detail of a brass dimmer knob. menu.as



SMART ANGLE

“The **Tizio lamp** is a go-to for me because it pretty much works anywhere. You can use it as a desk lamp in an office, as a bedside lamp, or as a reading lamp in any situation. It has an architectural quality that is somewhat sculptural. It is one of those things you can find at the MoMA and not go bankrupt incorporating into your decor.”

THE WINNER OF WESTERN LIVING'S ROBERT LEDINGHAM MEMORIAL AWARD IN THIS YEAR'S DESIGNERS OF THE YEAR, **KEVIN MITCHELL** IS BASED IN CALGARY, WHERE HE RUNS HIS EPONYMOUS DESIGN FIRM.

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SWEET SPOT

Whether sleek or soft, these sofas are the best place to hibernate as the cooler weather sets in.



Blue Velvet

Think substantial yet soft, traditional yet tactile, long yet lush: you've got the **Egoist sofa** (\$4,319) by Nathan Anthony. mintinteriors.ca



Royal Seat

With tufted classicism in the back and super-sleek modernity in the seat, the **Tudor sofa** bridges eras rather royally (from \$15,815). i4mariani.com



Super Model

The curvaceous form of the **GIA sofa** (\$2,499) on its slender frame makes for one enviable shape. crateandbarrel.ca



Mod Squad

The **Thea sofa** (from \$8,849) by MDF Italia has six different upholstered "modules," from chaise longue to pouf—just pick your point of view: a straight-lined front, a tilt from the side or a concave back. mdfitalia.it

Make a Nest

The **Cocoon sofa** (from \$6,295) by Ellersen is just that—a place to cozy up with a custom mix of cushions, bolsters and armrests, yet sit pretty. eilersen.eu



SWEET SEAT

“I love the versatility and timeless style of the **Harris sofa**. This is a sofa you could reupholster many times and it would still be considered effortlessly stylish in 50 years. Montauk also uses sustainable materials in the production of their furniture, and I’m always excited to support a company that shares similar values as my company, Pure.”

AMI MCKAY IS THE VANCOUVER-BASED FOUNDER OF PURE DESIGN AND A FINALIST IN *WESTERN LIVING*'S DESIGNERS OF THE YEAR 2015 COMPETITION.



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GUSTAVE DORÉ, SOUVENIR OF LOCH LOMOND, 1875. NATIONAL GALLERY OF CANADA, OTTAWA. PHOTO © NGC



Look closer – for more on Doré, and the full story on this series, visit oakridgecentre.com



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THE LOWDOWN

A place for a cup of tea, fortifying Scotch or your next must-read, the coffee table should be unobtrusive yet an integral piece of your living room.



Long Form
The **Brick coffee table** (from \$1,250) by Paola Navone for Gervasoni is lacquered wood and polished marble with lean yet lovely lines. gervasoni1882.it



Double Duty
The **Architect nesting coffee tables** (\$479) give you twice the surface area—or space. Tuck one beneath the other or display double the retro flair. westelm.ca



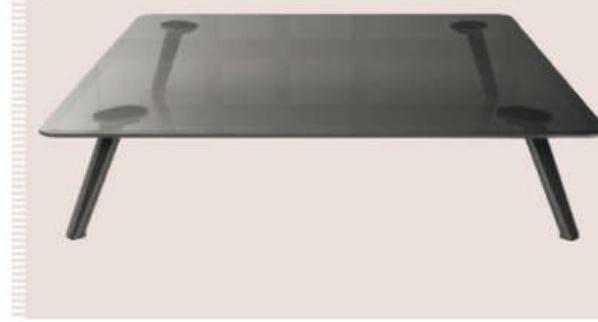
Master Class
Designed in partnership with Emily Carr University students in Vancouver, the **Granville coffee table** (from \$1,459) pairs form with function, opening up to reveal storage space within its depths. boconcept.com



Dark Matter
The **Porada Bignè table** with an Emperador Dark marble top (\$3,600) is the deepest brown laced with amber veining—or a little bit of black magic. porada.it



DESIGNER'S PICK
Amanda Hamilton



CLEAR CHOICE

“Reflective of Alexander Calder’s sculptural mobiles, the **Minotti Sullivan coffee table** paired with a Davis pouf is both visually interesting and highly functional. Available in unconventional materials and finishes, these essential geometric forms create a casually elegant vignette when layered.”

CALGARY-BASED INTERIOR DESIGNER **AMANDA HAMILTON** WAS LISTED AS “ONE TO WATCH” IN THE 2013 WESTERN LIVING DESIGNERS OF THE YEAR AWARDS AND WAS ALSO A FINALIST IN THIS YEAR’S COMPETITION.

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ON THE SIDE

Add a little wow to a room with one of these dynamic wild cards.



Lake Effect

The **Lake Collection rug** (from \$15,975), designed by Raw Edges for Golran, transforms depending on your viewpoint, much like a body of water—yet this shimmering optical illusion is solidly at home. golran.com



It's a Wrap

The **Cascade wool blanket** (\$300), designed by Vancouver's Post Projects for Umbra and woven at Oregon's Pendleton Woolen Mills, is an abstract-yet-organic interpretation of the coastal mountains. vanspecial.com



Pixelated

With its bold hue and trim silhouette, the **Pix pouf** by Arper (from mini to five-seater, starting at \$1,200) is not your standard seat. arper.com



Trunk Show

The charred **Teton trunk** (\$599) from Crate and Barrel is a stump-cum-stool with a bit of heavy-metal gravitas. crateandbarrel.ca



DESIGNER'S PICK

Reena Sotropa

ODE TO NATURE

“My go-to accessories right now are beautiful nature-based objects like petrified wood, smoked crystals, geodes, **terrariums** and juju hats. Textural, organic elements like stone, succulents or feathers create balance and a wonderful juxtaposition in interiors.”

REENA SOTROPA IS THE CO-FOUNDER AND PRINCIPAL DESIGNER OF COREA SOTROPA INTERIOR DESIGN IN CALGARY.



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A Window into a Trendsetter's Style Picks

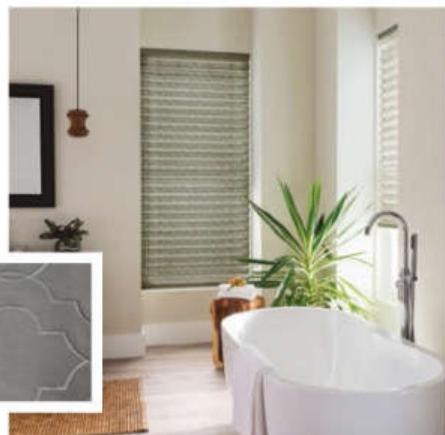


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Tracy Christman is the design expert and Vice President of Vendor Alliance at Budget Blinds, the world's largest window coverings franchise. Tracy travels the world, working with the best manufacturers to identify the hottest colours, styles, and fashion-forward trends in home décor.

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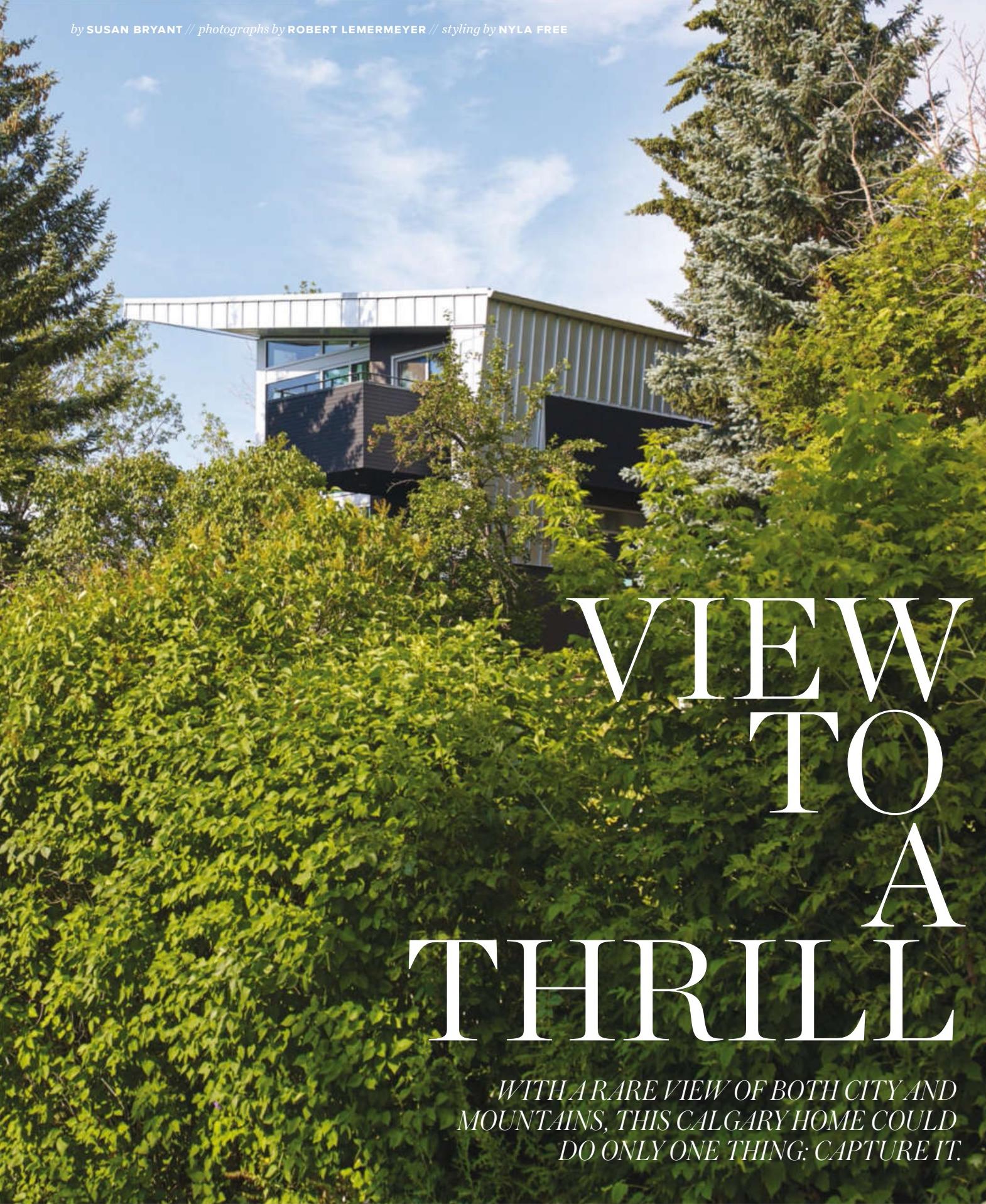
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Prime Positioning

Despite its urban location in one of Calgary's inner-city neighbourhoods, the home feels private and surrounded by greenery, thanks to its position on a hill that slopes in two directions.



by SUSAN BRYANT // photographs by ROBERT LEMERMAYER // styling by NYLA FREE



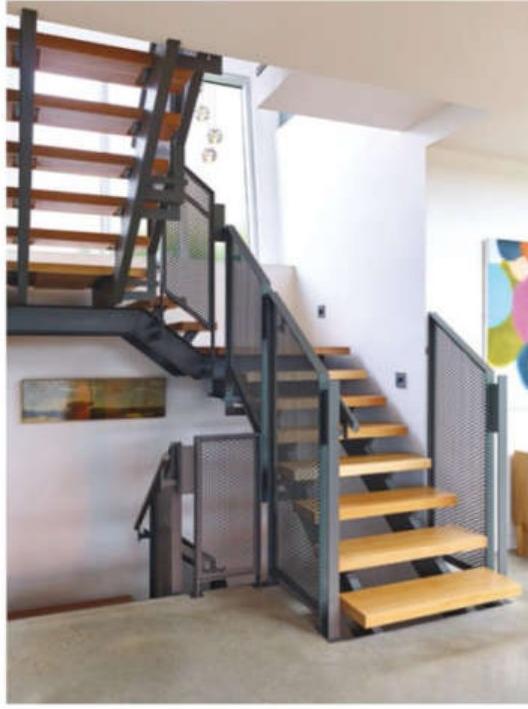
VIEW TO A THRILL

WITH A RARE VIEW OF BOTH CITY AND MOUNTAINS, THIS CALGARY HOME COULD DO ONLY ONE THING: CAPTURE IT.



Great Outdoors

Just about every room in the house has its own terrace or patio. The study has a more intimate, one-storey porch (above) that mirrors the height of the study itself. The central staircase (right) actually starts outside of the home, leading up to a bold orange entry door (you can catch a glimpse of the door, opposite).



W

hen you get a one-of-a-kind property like this one in Calgary, it's clear what you need to do with the house. Perched on a high point in the city, and on a lot that manages to be a hill in two directions—sloping from north to south and also from west to east—a house can capture both downtown and mountain views in a city where just one of those vistas would be considered the jackpot. “It was really about trying to be as simple as possible, in saying it’s all about the view and about the sun,” says architect Jeremy Sturgess. “And that’s uncommon in the sites we work on.”

Sturgess and his team, which included project architect Anita Gunther, first met the homeowners nearly 10 years ago. “They were in no rush, and extremely diligent about the decision-making process,” says Sturgess. Design decisions were careful and deliberate, he notes, and often influenced by the couple’s travels—they’d find a new material or finish and excitedly share the idea with the design team.

The result is a thoughtful space with both large, voluminous rooms and more intimate, quiet spaces. “In Calgary, the sun is everything,” says Sturgess. “Unlike other places, you don’t have to protect from it—you want to exploit it. It’s one of our biggest advantages in this city.”



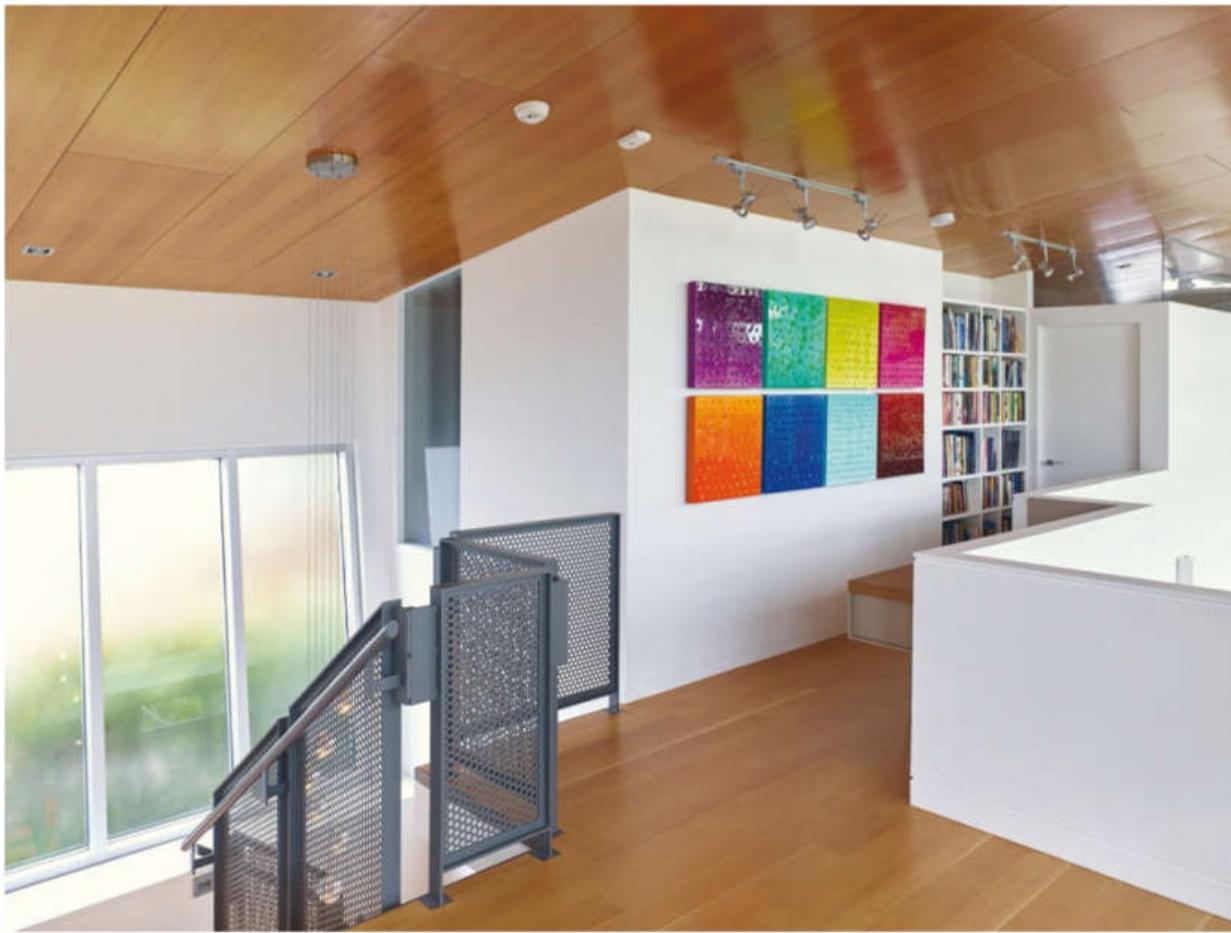
"In Calgary, the sun is everything," says architect Jeremy Sturgess. "Unlike other places, you don't have to protect from it—you want to exploit it. It's one of our biggest advantages in this city."

Colour Conscious

While much of the colour palette here is neutral (the Roche Bobois dining table and chairs are quiet pieces that let the architecture sing, for example), when colour is used, it's done so boldly—the orange entry door and, of course, this modern kitchen with its green back-painted glass.







Industrial Revolution
The upper hall gets splashes of colour from both these pieces by artist Susanna Espinosa and the built-in bookshelf beyond. The stairwell's expanded metal mesh was a client choice: they wanted simple, industrial materials throughout.

The main living space, with the kitchen, living and dining rooms, is double-height in scale (the ceiling is 24 feet above the floor at its peak) and features windows from floor to ceiling that allow that warming light to flood in year-round. An adjoining terrace features the same dramatic scale, with an outdoor fireplace to ensure the space can be used late into fall and early in spring. Solid handrails block out any views to the neighbours, allowing those on the balcony to enjoy just those rare mountain views.

The nearby study, however, is more intimate—"a more important room on a cold winter night," says Sturgess—and its adjoining terrace is just one level high, mirroring the height of the indoor space. (An outdoor room adjoining the upstairs master suite provides the ceiling to this space, creating a porch effect.)

Those public and private spaces are connected (and separated) by a central staircase that actually starts outside—beginning on the street and snaking up to the house and the main floor before continuing up to the second level. An expanded metal mesh on the handrails is in keeping with the clients' love of low-maintenance and simple industrial materials. (Exposed steel columns in the living



How One Couple Cut Their Reno Costs Almost in Half

A Victoria bungalow is reimagined as an energy-efficient gem, with plenty of help from home energy rebates from BC Hydro and FortisBC

The Home Energy Rebate Offer is an opportunity for British Columbians to renovate or upgrade their energy-inefficient homes and be rewarded by BC Hydro and FortisBC for doing so.

The program offers homeowners a variety of rebates for renovations that include insulation upgrades, draftproofing, ventilation, space heating and water heating.

It's incentive for owning a more comfortable home and one Victoria resident couldn't pass it up.

Last fall, Andrew Swan and his wife renovated the two-bedroom bungalow they've called home for 17 years, a cozy, solid nest in a prime Oak Bay location that they loved at first sight. But what it had in charm and postal code, it lacked in energy efficiency. "The electric baseboard heating alone hurt every time we opened our bills," recalls Andrew.

"We knew our house well and tried everything we could to lower our energy bills, but ultimately, there's only so much you can do without a thorough upgrade."

Andrew and his wife knew a reno would be time-consuming, disruptive of their personal

space and, more than anything, costly. So they started researching how to offset the looming reno bill.

They heard about how BC Hydro wants to help homeowners use less energy and the various home renovation rebates to make B.C. homes more efficient.

"After a bit of research, the first step was to find an energy advisor to conduct an efficiency audit on our home," says Andrew, who ended up going with Victoria-based City Green Solutions. "He immediately recommended changing our baseboard heaters to a more efficient heat pump," says Andrew. "From there, the savings and rebate conversation started. He told us that if we completed three efficiency upgrades, we could qualify for a bonus of \$750. All we had to do was seal up some cracks with caulking and complete a slightly more involved attic insulation project."

After the renos were done, the Swan's were excited to receive a rebate of \$2,800 from BC Hydro.

"Plus, the long-term savings on your home electricity bill will make the reno pay for itself in less than three years," says Andrew. "We

were spending \$150 a month and we are now spending \$60 a month," he says, adding that he proudly tracks his home's before-and-after usage at bchydro.com.

But savings aside, Andrew is really impressed with how easy it was to participate. "Our energy advisor did everything after having a look at our home. He walked us through the rebates, recommended an action plan to us and even submitted all the paperwork." Shortly after applying, the Swans received their rebate cheque, which was an extra happy ending to their renovation story.

"Increased home efficiency was a big undertaking for us," reflects Andrew. "But it's so rewarding personally and financially. And the financial part is actually quite easy."

His one word of advice is to start your energy efficiency-focused reno early, leaving lots of time for planning and implementation. Wise words, because to qualify for the rebates, energy upgrades must be completed by March 31, 2016.

Get more efficient and get rewarded for doing so at bchydro.com/homerebates.

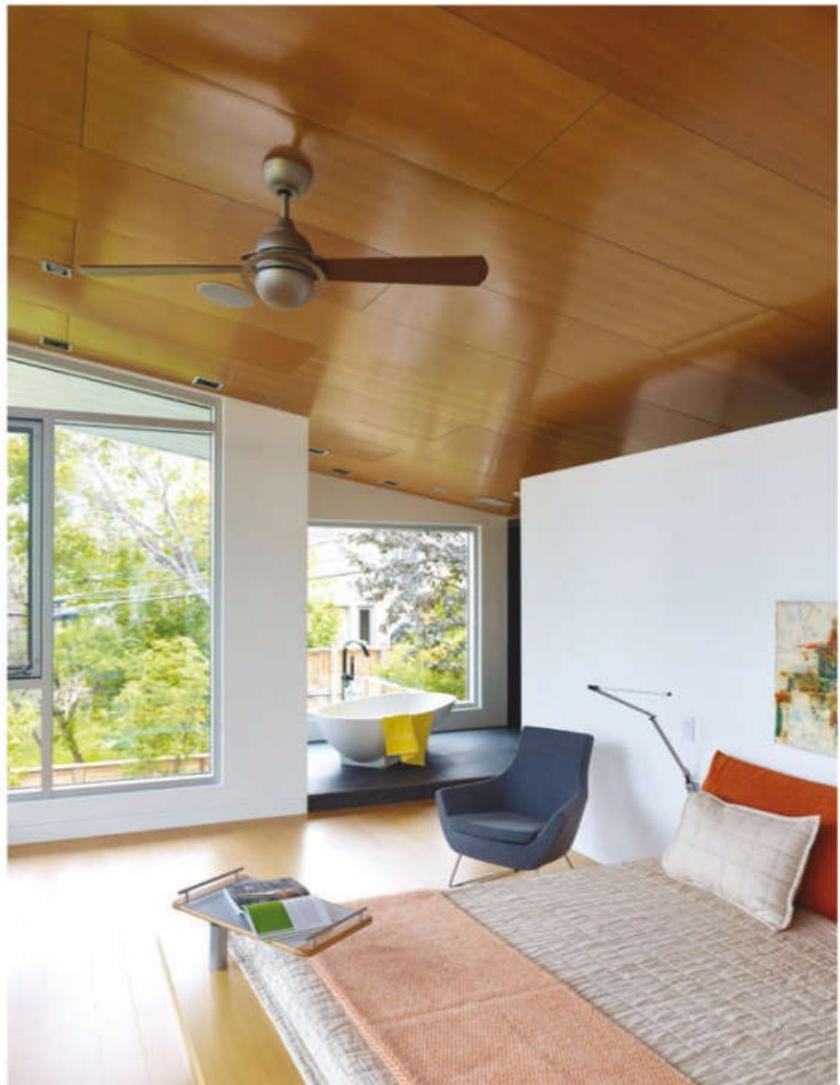


Sturgess's team took care to preserve the trees during the building process, working only the land where the previous house had been to save the green on the property.

room frame out the windows as well.) But there's warmth here, too: wood ceilings and custom millwork throughout add an organic element that pays homage to the established trees outside the windows. (Sturgess's team took care to preserve the trees during the building process, working only the land where the previous house had been to save the green on the property.)

And of course, nothing is as green as that back-painted glass in the kitchen—a trademark of Sturgess's firm, which has long embraced bold, beautiful colour in designs, eschewing the neutral palettes traditionally associated with modernism. "The homeowners knew we were fond of colour," says Sturgess, "and they were happy to work with it, too. The green adds warmth against that finesse of the stainless steel and concrete."

At just 2,600 square feet, the home is relatively modest in size, and yet feels impressive, spacious—and right-sized for this couple. "It's a house for two people, and so it doesn't overwhelm," says Sturgess. "It really celebrates how best to use the space, and fully exploits the space on such a beautiful lot. I really like the idea of a house that's not grand in size, but it makes some grand gestures." **WL**



Room for Two

A Spoon tub from Agape is positioned so that the bather gets his or her own unique viewscape (above). A dressing area is disguised behind the wall where the bed is positioned.

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Living Well
Measured principal
Clinton Cuddington
and his wife, Monica
Berdin, in their award-
winning home.

LAB

by ANICKA QUIN // photographs by MARTIN TESSLER



A VANCOUVER HOME BECOMES AN EXPERIMENT IN COLLABORATIVE DESIGN BETWEEN ITS ARCHITECTS AND THE ARTISANS THEY WORK WITH.

WLHOMES // VANCOUVER





Creative Freedom

The dining room (opposite) is designed to be a more private space on the main floor, though the window retracts to create an open connection between the room and the garden out front. Daughter Olive relaxes in a Womb chair (above left), in front of a shelving unit in the living room (right) that was a collaboration between Nico Spacecraft and Measured.

A

s an architect designing your own home, you can't help but want to make it a laboratory. To experiment with all of the "could we, should we" ideas you developed over the years but didn't always have the willing client to play along.

For Measured Architecture principal Clinton Cuddington, his west side home became an opportunity to not only play with ideas he and his business partner, Piers Cunningham, had been developing, but to put them into action—and in doing so, they created a space that now serves as a model for his clients. The millwork throughout the home, for example, is fumed oak, an ecological product with glues derived from the same kind of sticky adhesive that allows mussels to stick to rocks. The result is a soft, European-style cabinetry—and since it requires an annual waxing, a yearly project of turning Ivory soap flakes into a slurry and wiping down the surfaces. "If you were to say to a client, 'You're going to have to have a relationship with your millwork,' most would say, 'Forget it,'" says Cuddington. "But

Personal Connection

The kitchen millwork is a fumed oak that requires a yearly waxing. The pantry—which includes the ovens—is tucked in behind the kitchen. The white and gold tiles on the backsplash are another Dear Human installation.



"If you were to say to a client, 'You're going to have to have a relationship with your millwork,' most would say, 'Forget it,'" says Cuddington. "But you can talk to them about the experience—how it's a meditative moment for me. You can either talk to them from a conceptual point of view, or you can say, 'It's a ritual I live.'"



you can talk to them about the experience—how it's a meditative moment for me. You can either talk to them from a conceptual point of view, or you can say, 'It's a ritual I live.'"

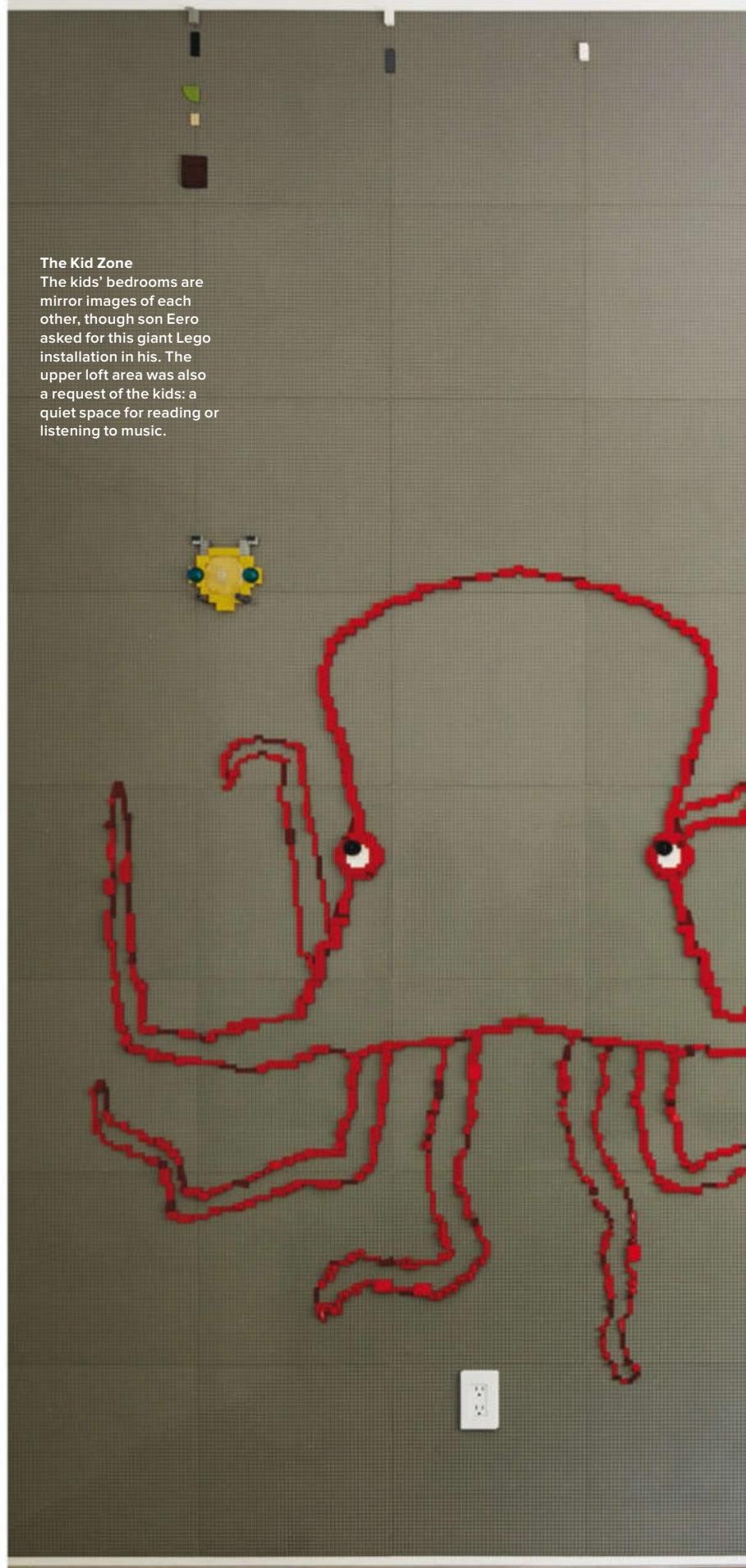
Most designers and architects will admit they are their own worst client when creating their own space. (And, in fact, Cuddington and Cunningham—you may already be familiar with the confusing wordplay of their names: this pair clinched the Architects of the Year title in our Designers of the Year awards last month—are still debating the perfect table for the dining room.) But the Measured team upped that ante by taking an unusual approach to this home: active collaboration with the artisans who worked on-site. "We had the confidence to pick our moments, and in this case it was millwork, tile and landscape, where we allowed for much more of an artisanal approach, where people were testing their ideas," says Cuddington. "My wife Monica and I loaded them up on our needs, but we then granted them the latitude to explore things that were interesting to them." That fumed oak, for example, was an experiment for the millworker: he tested the fuming of the wood for hours, until just the right shade of pale ash was reached.

The result? The house has become an experimental playground, both for the architects themselves and for the artists they're working with. It starts right with the footprint of the building itself. Where most properties in its Kitsilano neighbourhood max out the building allowance, this home is smaller than it could be and inset greater than setback, creating space for a landscaped side yard (20-foot bamboo and ferns create a green division to the neighbouring property). But more importantly, the size restraint creates the room necessary to bring light into the lower levels of the home. It allows for a light well to the master bedroom—positioned in the basement to take advantage of natural cooling in the summer and low light at night—lined with a raw steel wall that will oxidize orange, creating a dynamic and changing view through the windows.

Inside, the home pairs both modern, open-concept design—a kitchen that opens into a casual living room, and right out onto the back terrace—and private spaces. A pantry in the kitchen separates the dining room at the front of the house, and a 15-foot window with retracting glass allows diners to experience the front garden. "There's something really satisfying about having a dinner party with music playing, and people walking by," says Cuddington.

The Kid Zone

The kids' bedrooms are mirror images of each other, though son Eero asked for this giant Lego installation in his. The upper loft area was also a request of the kids: a quiet space for reading or listening to music.







A powder room on the main level is the first of design company Dear Human's elegant tile installations, this one a honeycomb-like design with varying patterns. "We laid out the things we loved about their tiles, and they just played with it," says Cuddington. "Even the installer is an Emily Carr grad—he worked with it to bring up the general thinking."

Upstairs is all about the family's two kids, with bedrooms that feature a bunk-like reading area (a request of the kids themselves), and a communal room for watching movies with friends. Another of Dear Human's tile designs graces the bathroom, this time inspired by Monica's Hungarian background and love of that country's needlepoint designs.

Those moments of collaboration exist throughout the house—from the landscaping by Aloe Designs outside to the builder they chose to work with, Patrick Powers Construction, who Cuddington says serves as a bodyguard to the overall design. And it's a system that's worked to create a very personal home. "In the lineage of architecture, there has been a push to create a level of control built out of suspicion or a fear that individuals cannot aspire to the individual genius," says Cuddington. "We've created scenarios where the artisans themselves can think about how they would bring something alive. And if your ego can allow for that to happen, then everyone works to protect the idea. And it's a better life to live." **WL**



Upstairs, Downstairs
The top level of the home includes what is essentially a media room where the kids can hang out and watch movies with friends (top right). The master suite (above, and top left) is in the basement; a light well brings sunlight deep into the room, and the location means it's cool in the summer for sleeping.



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WLFOOD

RESTAURANTS // EXPERT ADVICE // ENTERTAINING // WINE // RECIPES

The Return of Butter

We're heading into fall, and that means a few things are soon to make some repeat appearances: ovens, for starters, heating the house and creating such rewards as Rosie Daykin's Butterscotch Pie (recipe follows on page 74). Vancouver-based Daykin's pastry shop, Butter Baked Goods, has tapped into one of the truisms of our modern age—in our plugged-in, hectic world, we need the warm embrace of comfort food more than ever. See how the West's best chefs find theirs on page 78.



Janis Nicolay from Butter Celebrates!, courtesy of Appetite by Random House

RECIPE

*Butterscotch Walnut Pie*

EXCERPTED FROM *BUTTER CELEBRATES!*
BY ROSIE DAYKIN

1 double-crust pie dough* (chilled)
½ cup butterscotch chips
⅔ cup corn syrup, light or golden
¼ cup dark brown sugar
¼ cup butter
2 large eggs
1 ½ tsp pure vanilla
1 ½ cups walnuts, whole or pieces

MAKES: 1 (9-inch) pie, 8 to 10 slices

YOU WILL NEED: 1 (9-inch) glass pie dish

1. Preheat the oven to 350°F.

2. Take one half of the chilled dough and place it on a lightly floured work surface. Use your rolling pin to roll the dough to about ⅛ inch thick and 11 inches in diameter. Carefully fold the dough into quarters and gently transfer it to the pie dish. Unfold and press the dough lightly into place. Trim the dough with a knife or scissors to leave about a 1-inch overhang. Roll and tuck the 1-inch overhang back under the edges of the pie shell. Use your index finger of your right hand to push the dough out toward the edge of the pie shell and your index finger and thumb of your left hand to pinch it into a point each time you do. Continue until you have circled the pie shell. Set aside.

3. In a medium pot set over medium heat, combine the butterscotch chips with the corn syrup, brown sugar and butter. Use a heatproof rubber spatula or wooden spoon to stir until the butterscotch chips have completely melted. Set aside to cool.

4. In a medium mixing bowl, whisk together the eggs and vanilla. Pour the cooled butterscotch mixture into the eggs and whisk again to combine. Set aside.

5. Sprinkle the walnuts evenly across the bottom of the prepared pie shell. Pour the butterscotch filling over the walnuts and bake the pie for approximately 1 hour, or until the centre of the pie puffs up and cracks. When you jiggle the pie, the centre should appear quite firm.

6. Remove the pie from the oven. Place the dish on a wire rack and allow the pie to cool completely before slicing.

* For Rosie Daykin's version, search "Butter Pie Crust" on our recipe finder westernliving.ca/recipes



Neal's Wine Pick



Neal
McLennan

The Rise of Barbaresco

PRODUTTORI DEL BARBARESCO 2012 (\$40)

» A few times a year, Quebec's liquor board oversees an auction of fine wine predominantly from France and Italy, a rarity in Canada and a chance to get some aged wine without paying import duties. This year a strange phenomenon was happening—bottles of barbaresco were selling for more than lots of Barolo for similar years and producers upending the traditional set-up where Barolo is the Batman of Piedmont (or all of Italy, if we're being honest) and barbaresco is the Robin, the loyal sidekick content to be a perennial silver medallist.

The two wines share a grape (nebbiolo), a region (Piedmont, in the northwest of Italy) and both age well. But whereas classical Barolos are known to be among the most dense and tannic wines in their youth, barbaresco typically went for a slightly more approachable, softer expression, and that partly explains the wine's current ascendency. The other half is just the human condition of being different—Barolo, with its oversized reputation, is the logical choice, while barbaresco is still something of an upstart. All that aside, it's a truly beautiful wine that deserves some attention for its amazing tasting notes, typified in this well-priced bottle (\$40) from the collective **Produttori del Barbaresco**: leather, tar and cherries in an intoxicating combo. It tastes like nothing else—except maybe Barolo.

BITES

*What we're eating
and drinking*



COOKBOOK

Local Hero

Rosie Daykin is the Dominique Ansel of Vancouver's west side: a birthday cake from her Butter bakery—where her bestselling cookbook, *Butter Baked Goods*, graces the modern bookshelves—is *de rigueur* for a proper celebration. Now it's time to make some room, because the follow-up, ***Butter Celebrates!***, is just out and covers all the recipes and tips you need to make your next soiree the best ever.



OPENINGS

Free Bird Chicken Shack

#105-810 QUAYSIDE DR., NEW WESTMINSTER

It's been quite a busy few months for Chef Angus An. In August his Fat Mao Noodles opened in Chinatown (see his recipe for cold sesame noodles on page 80), and now there's **Free Bird Chicken Shack**, the casual Thai-style rotisserie spot that's wowing them in New Westminster's River Market with its minimalist mix of chicken, rice and salad. freebirdchickens.com

TECHNIQUE

Killer Garlic

You're storing your garlic all wrong

It's one of the most common ingredients in the kitchen, but with improper storage, it may also be the most deadly. (Well, unless you're just chowing down on raw chicken.) Here's how to keep your garlic safe and sound.

Watch Out for Sprouts

When a garlic clove sprouts even the smallest green shoot in its centre, it's now unsafe for eating—if any moisture gets in here, it can grow salmonella.

The Dangers of Diced

Don't save your excess chopped garlic for later. It may be a time saver, but if it ferments in any way as it sits in the fridge, it can grow botulism.

Invest in Bamboo Baskets

Garlic sprouts because of sunlight—it wants to grow. So store your bulbs in a dark, dry place, like a bamboo steamer. (Bonus: with a quick shake of the steamer, you can filter out all those extra bits of loose garlic peel.)



Don't believe us about garlic? See the video: youtube.com/westernlivingCA



GADGET



Confit Food and Wine

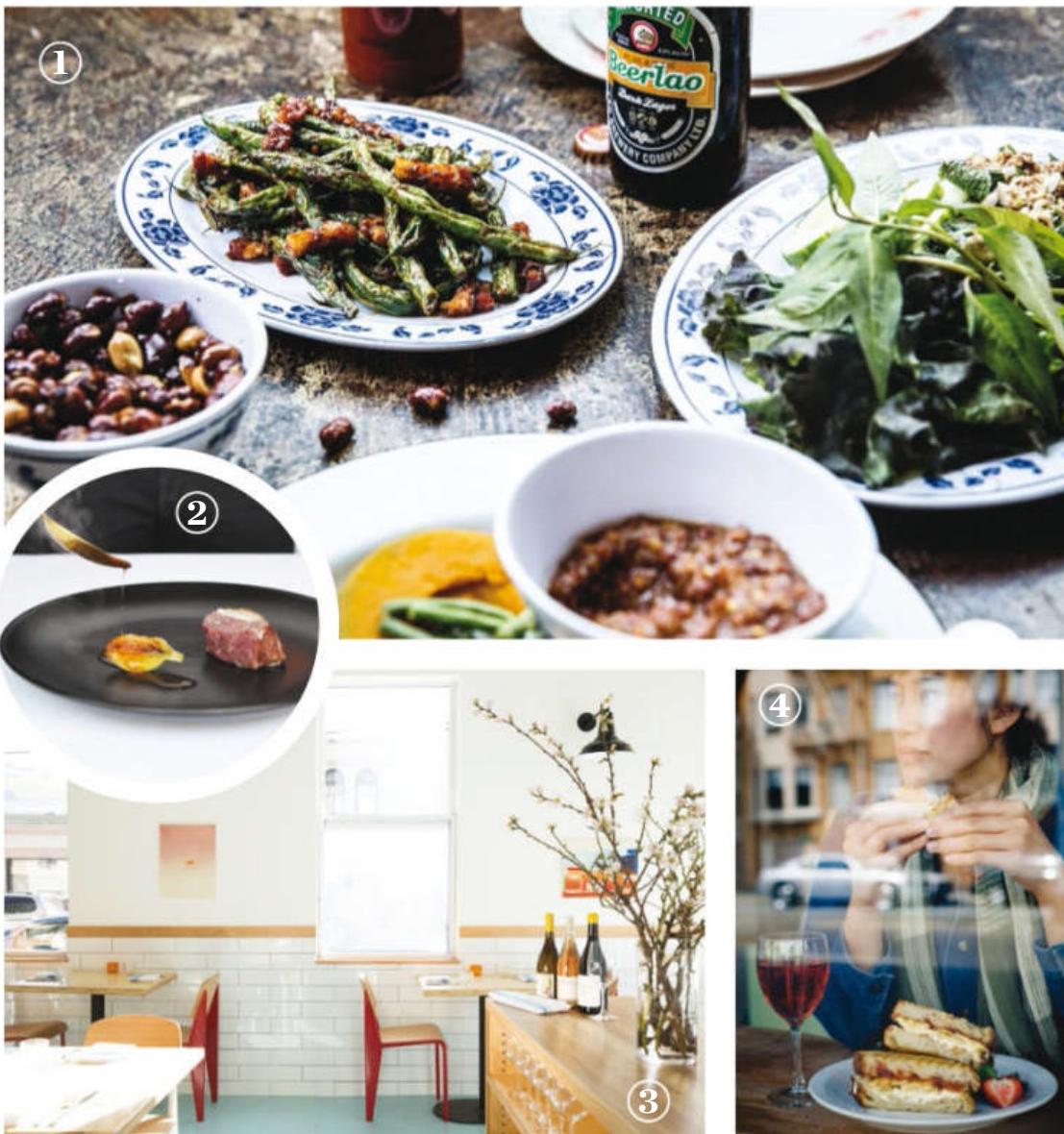
1871 OAK BAY AVE., VICTORIA

With **Confit Food and Wine**, the residents of Victoria's Oak Bay Avenue have what everyone dreams of—a perfect neighbourhood French bistro (and prices that are, for once, actually bistro prices) that has an amazing back garden patio and uses local and sustainable ingredients. It's the next best thing to a trip to SoPi (see page 100). confitfoodandwine.com

Strong Showing
China is the world's largest garlic producer, growing 20 million tonnes annually—18 times more than India, who's number two.

The Return of the Food Processor

The food processor stands with *Happy Days* and the Eagles as a hallmark of late '70s greatness, but somewhere along the way its inability to tackle tough jobs (parmigiano, anyone?) and a loosey-goosey approach to waterproof seals (with leaks like Watergate) relegated it to the back of the cooking cupboard. But the new generation of machines—exemplified by **Breville's Sous Chef line**—is heavy-duty enough to plow through anything without leaking, and they look great doing it. Talking about knife skills sounds cool in interviews, but at home, cranking through three onions in 13 seconds is where it's at. breville.ca



MISSION POSSIBLE

Braving long lines and full reservation books in San Francisco's hottest 'hood.

1 People in San Francisco love to line up for food, and that's especially true in the Mission District. It's one of the sunniest spots in foggy SF, and a paradise for every-foodie, ranging from the most basic taco stands to the highest-end, locally foraged, impeccably served inventions. In a recent quest to eat only within walking distance of our Mission rental, we picked out five great places to visit (and we'll tell you how long you can expect to wait).

① Hawker Fare

A big, bright room, with plastic floral tablecloths, rug-covered walls and lights strung above like a street market. This is rich, bold Thai food: gaeng pla duok, a jungle catfish curry, was dark brown and powerfully spiked with jolts of young ginger shoots. A starter of blistered green beans was amped up with a smoky curry paste and chunks of pork bacon. Tiki drinks, including a jackfruit daiquiri, completed the armchair-travel experience.
The wait Had to try twice before getting in—at the opening time of 5:30 p.m.

② Californios

They say there are 12 courses in the \$97 tasting menu, but I counted 19 small plates at my table. That sort of extravagance was par for the course at this buzzy haute-Mexican spot in a big, rich living room of a restaurant. This was all subtle Mexican takes: a starter of small pickled turnips, Hawaiian tuna with aguachile oil and green strawberries, Snake River rib-eye steak served with spicy sauces, pozole with baby flowers and blueberries. Worth every American penny.

The wait Showed up at 9 p.m. on a Friday, by myself, and was seated instantly.

③ Al's Place

At the corner of 26th and Valencia, Al's Place has been open only since early this year, but was just named *Bon Appétit*'s best new restaurant in America. The plant-dominated selection features simple, fresh ingredients (blue Dane radishes, anyone?). In a compact menu where everything seems a must-order, we were transported by our choices: the campanelle with roasted tomatoes and goat's Gouda—a smoky, rich dish—and the trumpet mushrooms with fava mayo and green peach and pluot relish.

The wait Arrived at 6 p.m., and was told 45 minutes. Seated at the bar at 7:30.

④ Tartine Bakery

The neighbourhood's standard-bearer still kills it at 18th and Guerrero. Pastries here pair French tastes with American exuberance: big, buttery, flaky, rich. A coconut cream tart is a huge, cloudy puff of velvety richness. Sandwiches, stuffed with swish meats and cheeses grilled with their much-loved Tartine country bread (its legendary hard, rugged crust and welcoming, soft insides are the stuff of epic poems), are rich enough to cover the caloric intake needed for a full day.

The wait Arrived at 12:30 p.m., got order in and found a table in the tiny room by 1.

⑤ Aster

The most elegant and meat-centric choice: the milk-fed lamb, on a bed of pole and shelling beans, was a substantial survey of the entire animal fanned out on a platter, and the duck mousse had bits of duck-heart confit in it. And your reward for such richness? Desserts like a chocolate ganache with black caramel and cocoa nibs, so dense that two of us could barely finish. (We did, of course.)
The wait Actually takes reservations!

The Story of METAL Mixology

Presented by
Norburn Lighting

Metal Mixology incorporates fixtures accented with wood, glass or crystal. The discipline encompasses all design realms—contemporary, traditional and rustic. It's a refreshing blend of new world and old.

As Vancouver's leading experts on lighting for more than 40 years, **Norburn Lighting** knows that light doesn't just illuminate a space. It beautifies and defines it—with a direct influence on the way we feel, the way we work, the way we live. Here are five of our favourites.



Tavern The rubberwood of this linear fixture is a 100% recycled material that complements the rustic dark bronze metal and enhances the timeless look of this collection.



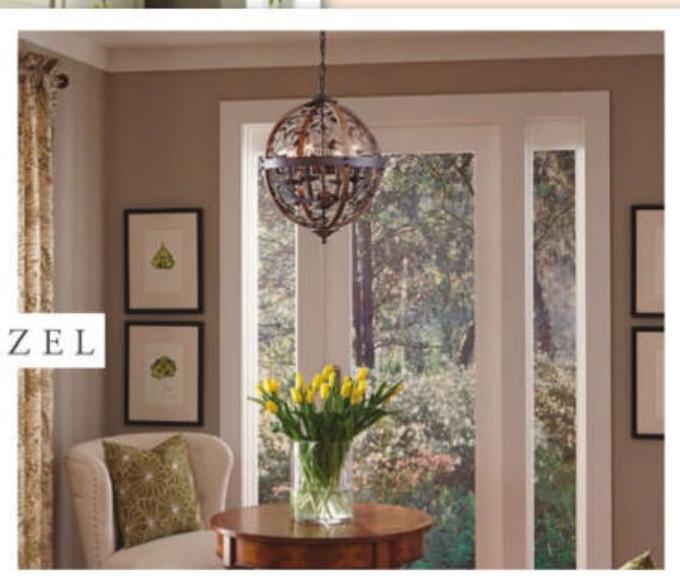
An authentic wooden cage in a walnut finish features a dark brown canopy and a four-light chandelier.



This is a contemporary adaptation of historic industrial fixtures. The riveted centre band, as well as the vented top and square-linked chain on this pendant add rich, visual interest yet don't distract from the clean lines of the overall silhouette.



This piece mixes warm brass and oil-rubbed bronze metals. The result is an interesting play of geometry with circles, squares and triangles. The texture of the light bulb filaments adds an extra dimension to the overall design of the fixture.



The **Chambers** naturally themed design collection is a force of nature with rustic sensibilities and a touch of whimsy. The leafy scrolling vines are encompassed within curved wood beams belted with a metal band in a dark bronze finish. The rich walnut stain on the wood is matte and highlights the texture of the grain.



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Building Blocks
The modest dumpling is
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MY DAD'S SPAGHETTI

*...and other family recipes from
the West's best chefs.*



Chefs aren't so different. While their jobs are Wagyu and heirloom radishes, their lives are governed by the things that are important to all of us: spending time with family and eating food that makes people happy. We asked them to share their family recipes for when the weather turns cool and comfort is king.

photographs by JOHN SHERLOCK // styling by LAWREN MONETA



Brad Holmes's
Smoked Salmon

RECIPE PAGE 82

Angus An's Fat Mao
Sesame Noodles
RECIPE PAGE 82



Hot Smoked Salmon

CHEF BRAD HOLMES, Olo Restaurant, Victoria

Something my grandfather used to make when I was a kid was hot smoked salmon. He cured it in all sorts of things: mainly salt and sugar and whatever else he had on hand. He would smoke it with alder shavings in an old fridge. Here is my adaptation of his recipe. I use it in my restaurant and prepare it for my family today.

1 fillet of pink, coho, sockeye or spring salmon
Kosher salt (2 tbsps for each kilogram of salmon)
Birch syrup

Cut the tail off the salmon. Cut the remaining salmon fillet into 1½-inch strips, cutting from top to belly. Keep pieces attached to the skin, as it keeps the moisture in when you smoke it.

Cure salmon by covering it in kosher salt and place it in the fridge overnight for 8–12 hours. Store curing salmon in a container that has high, even edges so when the salmon starts to release water, it doesn't make a big mess.

Rinse cured salmon and pat dry using a cloth. Place it skin side down on a rack and brush flesh side with a light coating of birch syrup. Dry on a rack, uncovered, for 4–12 hours. This will develop a pellicle, which is essential for protecting the food and developing a crust with great flavour and colour.

Smoke salmon for 2–4 hours with alder chips. You can use a spray bottle with water to mist the smouldering chips and fish. Water helps the chips smoke more slowly and prevents the fish from drying out.

Baste with birch syrup at the halfway point and again when it just comes out of the smoker. Cool to room temperature before serving or storing. Serve the hot smoked salmon with grilled bread, pickled shallots, crème fraîche and nasturtiums.

Grandpa Holmes

Fat Mao Sesame Noodles

CHEF ANGUS AN, Maenam, Fat Mao, Vancouver

My mom makes this recipe every summer, always with hand-rolled noodles. My version has more vegetables—she includes only carrots and cucumbers. As a kid, I remember always stirring the sauce for her.

SESAME SAUCE

1 ¾ cups sesame paste
1 ¾ cups toasted sesame seeds
5 cups water
6 tbsp salt
6 cloves garlic, minced
Juice of 4 lemons
Zest of 4 lemons
1½ cups rice vinegar
½ cup sugar
½ cup light soy sauce

NOODLES

120 grams fresh homemade noodles, or dried thin white wheat noodles
3 tbsp carrots, julienned
3 tbsp cucumbers, julienned
Compressed daikon (to taste)*
Compressed red radish (to taste)*
3 tbsp lettuce heart, julienned
3 tbsp snow peas, julienned
1 block tofu (1 lb), cubed
3 tbsp Asian pear, julienned
Toasted sesame seeds for garnish
Chopped green onion for garnish
Cilantro for garnish

Blend all sauce ingredients together until smooth. If not using immediately, thin the paste with a bit of water, as sesame will thicken with time. If you do this, the seasoning will need to be adjusted.

Cook noodles until al dente. Rinse under cold water. Dress noodles, pear, tofu and vegetables with just enough sauce to coat, and carefully place all garnishes on top. Serve with extra sauce on the side.

*Compressed vegetables are made with julienned vegetables placed in pickling syrup and compressed with a food saver or sous-vide machine with appropriate bags. Pickling syrup is made with equal parts of sugar, water and white vinegar. The vegetables should sit in the syrup for at least a day. Simple julienned vegetables soaked in rice vinegar for an hour can be substituted if need be.

Serves 6.

Two generations of Chovanceks



Anastasia Perogies

CHEF JONATHAN CHOVANCEK, Kale and Nori, Vancouver

This is a recipe I have renamed for my great-grandmother Anastasia Yunick, who immigrated to Canada with her husband, Anton, from the village of Tsekaniv in Western Ukraine. I have adapted it to include a spicy chorizo in the filling, as that is what I love to eat—and, as I am definitely not a traditionalist, I love what the spice does in this recipe.

FILLING

1 kg russet potatoes
1 cup ground pork
1 cup ground chorizo sausage
1 small onion, finely minced
¼ cup apple cider vinegar
Bay leaf
3 cloves garlic, whole
Salt, to taste
Lemon juice, to taste

DOUGH

1 cup sour cream
2 cups all-purpose flour
1 tsp sea salt

Boil potatoes in their skins with fresh bay leaf and garlic until cooked. Drain and peel. Allow to steam out for 10 minutes, then put through a ricer.

Sauté onion and two meat minces together. Add vinegar to deglaze, then cook down until meat is cooked through and tender. Add a little water if it gets too dry. Add potato mixture and gently stir together. Season with salt and a little lemon juice. Let cool.

To make the dough, use a stand mixer or a wooden spoon to combine ingredients. Hand knead for 5–10 minutes to develop gluten structure. Allow to rest 1 hour or overnight, refrigerated.

Roll out dough into 3-mm sheets using a floured pasta roller or rolling pin. Use a 12-cm round pastry cutter or the rim of a small bowl to cut into rounds. Place 1½ tbsp of filling in the centre of each round and pull one side over the top to create a cute little dumpling. Be creative with your shaping—I like to have a flat bottom and a crimped top. Use the back of a fork to press and decorate the round edge. Use a little water to provide the seal.

Steam perogies in a bamboo steamer or poach in salted water for 8–10 minutes. Drain. Sauté in brown butter, basil, red onion and fresh tomatoes. Makes 10–12 medium perogies.



Jonathan Chovacek's
Anastasia Perogies

RECIPE PAGE 82

Spaghetti with Anchovy and Pangrattato

CHEF DANIEL COSTA, Corso 32, Bar Bricco, Edmonton

This is one of the first dishes that my father taught me to make. I grew up on an acreage, and we had a lot of vegetables and work to do around the garden—I would pick the parsley, garlic and fresh pepperoncini for this dish and I'd watch him prepare it. I remember eating this every summer with him as far back as I can remember—I would always get a cold glass of my father's homemade white wine with a little 7Up in it. As I grew up, I started making this simple pasta as a late-night bite—and sometimes my father would smell the garlic frying and we would have a plate of pasta together at 2 a.m.

PANGRATTATO

2–3 tsp extra-virgin olive oil
1½ cups day-old bread, ripped into small pieces
1 garlic clove, whole
Kosher salt

PASTA

500 grams spaghetti
5 garlic cloves, thinly sliced
6 salt-packed anchovies, rinsed and soaked in water for 10 minutes
1 handful flat-leaf Italian parsley, leaves removed from stems and roughly chopped
1 tsp chili flakes (add more if desired)
¼ cup pecorino cheese, finely grated
Extra-virgin olive oil
1 glass white wine

To make pangrattato, gently fry the garlic clove in olive oil over medium heat until golden. Add bread and a pinch of salt. Continue to cook, stirring occasionally, until bread crumbs are golden. Remove garlic clove.



Daniel Costa and his Pop

Bring a large pot of water to a boil with a handful of salt. Cook spaghetti until al dente (about 1–2 minutes less than package instructions). Reserve 1 cup of the cooking water.

While pasta is cooking, heat olive oil over medium-high heat in a large, deep frying pan (large enough to comfortably hold all of the pasta). Add garlic and anchovies and fry until garlic is golden, stirring frequently. Add white wine and chili flakes and continue to cook for 4 minutes.

Increase heat to high and add spaghetti, reserved pasta cooking water and parsley. Cook for 1 minute in the pan, stirring frequently. Once sauce is just coating the pasta, remove from heat and toss in the pecorino. Divide pasta between 4 bowls and sprinkle the pangrattato on top. Serve immediately. Serves 4.



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Dinner Pancakes

CHEF MATT BATEY, The Nash, Calgary

Both my parents were very hard-working career professionals who had an amazing dedication to their three kids. Even with all of the hectic goings-on of two careers and kids with many extracurricular activities, dinner as a family was a must. My mother is a nurse, and when we were young she worked shift work. My father is an executive, so many nights Dad would rush home just in time to make dinner as mom was waking up so that we could all eat together before she dashed off to work. Hence breakfast for dinner, as for mom, it really was breakfast time for her and dinner for us.

The best part of it all was how something so simple as pancakes with a beautifully cooked sunny-side egg—runny yolk, of course—and pure maple syrup tasted like the most decadent food possible. Proof that food really is the medium that joins us, be it friends or family or both.

Depending on what's in your fridge, you can substitute up to 1/2 cup buttermilk with plain or vanilla yogurt or sour cream. For a fibre and nutrient boost, add a couple of large spoonfuls of rolled oats or oat bran, or fold in fresh or frozen fruit—chopped banana, blueberries, raspberries or whatever is in season.

- 1½ cups all-purpose flour
- ½ cup whole wheat flour
- 2 tsp baking powder
- 1 tsp baking soda
- Pinch salt
- 2 cups buttermilk
- 2 large or jumbo eggs
- ¼ cup melted butter or canola oil
- 2 tsp vanilla

In a large bowl, whisk together flours, baking powder, baking soda and salt. Add buttermilk, eggs, butter and vanilla and whisk just until blended.

Set a heavy skillet over medium-high heat and drizzle with oil, wiping it around the pan with a paper towel. Reduce heat to medium-low, ladle in about ½ cup of batter and cook until bubbles start to break through the surface. Flip with a thin spatula and cook until golden on the other side. Repeat with the remaining batter. If you like, keep pancakes warm in a 250°F oven while you cook the rest. Serve warm. Makes 8–10 pancakes.

TIP To simmer any kind of fruit into compote for topping your pancakes, heat a bit of butter with blueberries, raspberries and/or blackberries, thicken with a bit of cornstarch stirred into a spoonful of orange juice, and spike with nutmeg. Pour on and over the stack! **WL**



Matt Batey and his Dad



CARE Awards Finalists

SHOWCASE STYLE AND INNOVATION



Showcasing exceptional West Coast style and innovation are Project of the Year finalists for the 2015 CARE Awards of Vancouver Island representing the finest new homes and renovations.

The Construction Achievements and Renovations of Excellence (CARE) Awards are hosted by the Victoria Residential Builders Association, Canada's leaders in sustainable West Coast design and construction.

"The CARE Awards finalists demonstrate the wide range of possibilities through innovative and sustainable building practices," says Bill Patterson, Chair of the 2015 CARE Awards. "Our West Coast lifestyle and seamless transition between indoors

and outdoors are captured in these outstanding homes."

Selected by a panel of industry professionals using criteria such as architectural design, quality workmanship, creative use of space and energy efficiency, Gold winners will be announced at the CARE Awards gala October 17 at Victoria's Fairmont Empress Hotel.

The public will select the winner of the People's Choice Award from finalist photos displayed at Hillside Centre September 4-18, and at careawards.ca through September 27. Voters will be entered to win a stay at Long Beach Lodge Resort, the 2002 CARE Awards Project of the Year.

Created by the *Western Living* advertising department in partnership with Victoria Residential Builders Association

DESIGNED BY US



INSPIRED BY YOU



JENNY MARTIN DESIGN
CANADA

PROJECT OF THE YEAR SINGLE FAMILY

PEBBLE COVE

Christopher Developments and Zebra Design

Taking full advantage of a beautiful south-facing waterfront lot with pebbled beach, this custom French country-styled home blends beautifully with the established neighbourhood.

With a floor-plan and design capturing breathtaking views, Pebble Cove's bespoke detailing reflects quiet French refinement and casual elegance.

The carefully planned kitchen functions beautifully in a small, efficient footprint, enjoying both water views and easy access to the great room. Wide-plank aged oak flooring, hand-crafted beams of recycled timbers and subtle arches create a warm, inviting feeling.

In addition to sustainable materials, green features include energy-efficient heating, cooling and lighting systems combined with the latest in smart home and security

technology.

Outside, a rain garden provides storm water retention and irrigation for the newly planted native species along the waterfront.

MODERN TRANQUILITY

GT Mann Contracting Ltd.

Blending exceptional contemporary design with a rural West Coast setting with breathtaking ocean views, this home showcases modern living at its finest.

Creative, split-level architecture offers an interesting lower-profile exterior, with five levels within 2 1/2 storeys. Ample low-e windows and glass sliders, skylights, glass interior railings and a glass wall create a light-filled interior without impeding sightlines.

The great room design allows for easy living between the dining room, living room and the entertainment-style kitchen. White oak engineered hardwood extends throughout, complemented by a floor-to-ceiling Island stone fireplace and hearth with efficient wood-burning fireplace.

The master ensuite is a showstopper with its stand-alone soaker tub, roomy shower,

pebble tile behind floating shelves, and floating silver elm vanity with quartz counters.

Embracing a green philosophy fitting its setting, blasted rock was re-used on-site and removed trees were saved for later use. Vancouver Island stone accents the acrylic stucco exterior and a heat pump plus on-demand hot water offer efficient comfort.

HAWKS NEST

KB Design and

Jason Powell Construction

Rooted in West Coast contemporary design, architectural details of this exceptional home include a butterfly roof over entry, cedar shingled stair tower with exposed beams, asymmetrical window and exposed fir beams and rafter details.

A distinctive concave design and layout capitalizes on the private lake-front location. The open, light-filled floor-plan boasts a vaulted great room, entry and master suite, tucked into a private upper floor with private balcony.

Quality workmanship shines in the expert joinery throughout, from turned fir columns to the custom front door. A natural palette

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connects the home to its natural setting including Douglas fir trims and finishes, wide-plank quarter-sawn white oak flooring, and granite and quartz counters.

Outside are terraced lakeside patios, outdoor kitchen, barbecue and hot tub. Environmental considerations include insulated concrete form foundation, super-insulated exterior walls and roof panels, radiant heat, and state-of-the-art heat pumps.

MODERNE ■■■■■ **Urban Core Ventures**

This thoughtful renovation addresses today's lifestyle while recognizing the home and adjacent boathouse's place on the Oak Bay heritage registry.

A re-imagining of 1940 P.L. James Streamline Moderne home with front façade and exaggerated entryway, piano wall, as well as block and ribbon windows retained and improved to 2015 standards.

While original room placements were honoured, the open-concept main reflects the needs of today's homeowners. Expanded windows feature hidden fixtures and coverings and a remote control to fully enjoy

the oceanfront views.

The "kitchen within a kitchen" includes a butler's pantry, and island overlooking the water offering easy interaction between the chef and guests. In the master, floor-to-ceiling windows, ocean-facing tub, double floating vanity, glassed steam shower and separate glass water closet complete the transformation.

Local materials available during the Streamline Moderne era – or reasonable substitutions – were used throughout this carefully considered renovation. Outside, the original rock retaining wall was unearthed from house to waterfront while water-wise native vegetation enhances landscaped areas.

PROJECT OF THE YEAR **MULTI-FAMILY**

VILLAGE WALK ■■■■■ **Abstract Developments**

Contemporary design with traditional

influences in brick, cedar and weathered zinc allow this new construction to remain true to its historic neighbourhood.

An arcade-style overhang creates a strong residential entrance with welcoming lobby separate from the commercial space. Perfectly articulated details inside and out include the extensive custom millwork, local, original art, and custom, locally made, leather-wrapped entry door handles.

Inside are wide residential hallways, distinctive millwork and with residential entrances reminiscent of a boutique hotel. Designed to appeal to those downsizing from a single-family home, expansive floor-plans include generous main living areas, full-sized kitchens and ample storage.

The only condominium building in Victoria with virtually soundproof, triple-pane residential windows – perfect for Village Walk's location at the centre of a bustling community – practical measures continue in the over-height underground parkade with Tesla electric car-charging station, bicycle lock up, and a pet and car washing station.

Ground-floor commercial units feature 1.5-storey spaces with mezzanines,



jp



Jason Powell Construction Ltd.

jasonpowellconstruction.com
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CARE AWARD FINALIST:

- Best Traditional Kitchen over 300 sq. ft.
- Best Traditional Kitchen under 200 sq. ft.
- Best bathroom over 160 sq. ft.
- Best renovation or restoration \$325,000 - \$575,000*

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accommodating additional storage or offices, while outside, rain gardens collect unused storm water.

ERA

Concert Real Estate Corporation

Partially restoring a Heritage Registry building which was integrated into the new façade, this 15-storey residential tower with ground-level retail space blends seamlessly into the historic block it helped rejuvenate.

With materials selected for local availability and recycled content, new and existing heritage brick, painted concrete, glass and steel allow for modern, functional interiors within an envelope that respects Era's location.

All suites feature modern finishes and floor-plans maximizing functionality. An expansive lobby connects seamlessly to the streets, welcoming residents and their visitors, who also enjoy a well-appointed residents' lounge with kitchen/bar area, comfortable seating and a spacious, landscaped terrace.

Retail spaces encourage the neighbourhood resurgence underway while an existing mid-block connection was expanded and enhanced to create an inviting gathering place.

Environmental initiatives include a green roof and landscaped amenity spaces, while the proximity to transit, bicycle parking and car share vehicle reduce reliance on personal vehicles.

RETIREMENT COMMUNITY IN
CAMPBELL RIVER

Denford Construction Management Ltd.

This nautical-inspired building features an entry pond, boardwalks and landscaping to integrate the surrounding environment. Inside, well-designed amenities encourage residents to socialize, including a large, open common area, theatre, fitness room and library. In addition to the seaside dining room, a private dining room continues the maritime-themed design and offers residents space for a special gathering.

Quality workmanship includes post and beam details and exceptional finishing touches, such as stained glass art, custom lights and a showcase fireplace. Floor-to-ceiling windows take full advantage of seaside views and a sixth-floor lounge with greenhouse and exterior patio provides breathtaking views of the mountains and ocean.

Recognizing the climatic challenges of this coastal site, brick and fibre cement cladding was installed in a rainscreen configuration. Large low-E vinyl and aluminum-framed windows exceed energy efficiency requirements and maximize natural light, while the air-to-air heat exchange, high-efficiency hot water boiler, driveway aqua pavers and rain gardens add to the green features.

THE PIANO PROJECT

Parsi Development Ltd.

These flexible homes blend the best in contemporary design with easy, functional interior living. A combination of roomy spec and custom homes with legal suite, plus well-thought-out design maximize indoor and outdoor space on a small lot subdivision.

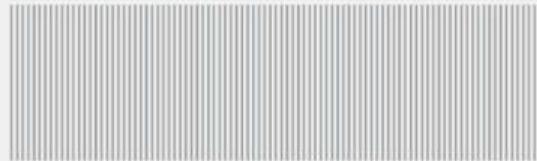
With a simple façade accented in four vibrant exterior colours, the modern feel extends to the aluminum and glass garage doors and stainless steel and aluminum fencing, complemented by West Coast-inspired elements like clear cedar and solid front doors.

Six roomy, open-concept floor-plans boast vaulted ceilings, large, triple-glazed windows and three neutral colour palettes accented by round window, floating gas fireplace and open-tread interior stairs with glass railing. Luxury living continues to the rooftop patio with outdoor natural gas fire place, hot tub and outdoor kitchen.

Built upon a solid, efficient ICF foundation, quality construction includes solid core doors and efficient Roxul insulation. Cedar tree planting along on the adjacent Galloping Goose Trail adds to the green initiatives.



View these projects and other category finalists at **careawards.ca**. Visit the Victoria Residential Builders Association at **vrba.ca**.



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- Gorter Construction Ltd.
- GT Mann Contracting Ltd.

BEST SINGLE FAMILY DETACHED CUSTOM HOME OVER 3,000 SQ. FT.

- GT Mann Contracting Ltd.
- Patterson & Kærcher Construction Ltd.
- Seba Construction Ltd.
- Terry Johal Developments Ltd. and Zebra Design

BEST SINGLE FAMILY DETACHED SPEC HOME UNDER 2,500 SQ. FT.

- GT Mann Contracting Ltd.
- Limona Group
- Parsi Development Ltd.
- Urban Core Ventures

BEST SINGLE FAMILY DETACHED SPEC HOME OVER 2,500 SQ. FT.

- Abstract Developments
- Aryze Developments
- Clarkston Construction
- Parsi Development Ltd.

BEST SINGLE FAMILY DETACHED HOME OVER \$1,000,000

- Christopher Developments and Zebra Design
- KB Design and Jason Powell Construction

BEST NEW SUBDIVISION

- Abstract Developments
- Limona Group
- Parsi Development Ltd.
- Seba Construction Ltd.

BEST MULTI-FAMILY / TOWNHOUSE PROJECT

- Apolomado Developments Ltd.
- Aryze Developments
- Verity Construction Ltd.
- Verity Construction Ltd.

BEST ACCESSORY BUILDING

- Mike Graham Construction Ltd.
- Seba Construction Ltd.
- Urban Core Ventures

BEST OUTDOOR LIVING SPACE

- Christopher Developments and Zebra Design
- Denford Construction Management Ltd.
- Three Sixty Degree Construction Ltd.
- Urban Core Ventures

BEST LANDSCAPE

- Denford Construction Management Ltd.
- Homewood Constructors Ltd.
- Three Sixty Degree Construction Ltd.

BEST HOME DESIGN

- Aryze Developments
- Christopher Developments and Zebra Design
- KB Design
- Parsi Development Ltd.

BEST RESIDENTIAL RENOVATION OR RESTORATION UNDER \$200,000

- Aryze Developments and Jenny Martin Design
- Gary Sandhu Developments Ltd.
- Mike Graham Construction Ltd.
- The Sky Is The Limit Design and R. Parsons Construction Ltd.

BEST RESIDENTIAL RENOVATION OR RESTORATION \$200,000 - \$325,000

- James' Joinery Ltd.
- Jenny Martin Design, Maximilian Huxley Construction and South Shore Cabinetry
- Mike Graham Construction Ltd.

BEST RESIDENTIAL RENOVATION OR RESTORATION \$325,000 - \$575,000

- Falcon Heights Contracting and Ryan Hoyt Designs
- Jenny Martin Design, Coast Prestige Homes and Thomas Philips Woodworking
- Oak Bay Construction (1989) Ltd. and Victoria Design Group

BEST RESIDENTIAL RENOVATION OR RESTORATION \$575,000 - \$800,000

- Bowcley Construction Ltd.
- Seba Construction Ltd.
- Three Sixty Degree Construction Ltd.

BEST RESIDENTIAL RENOVATION OR RESTORATION OVER \$800,000

- Abstract Developments and Zebra Design
- Urban Core Ventures

BEST TRADITIONAL KITCHEN UNDER 200 SQ. FT.

- Jason Good Custom Cabinets
- Thomas Philips Woodworking

BEST TRADITIONAL KITCHEN 200 - 300 SQ. FT.

- Bowcley Construction Ltd.
- Christopher Developments, Hobson Woodworks and Zebra Design
- GT Mann Contracting Ltd.
- Jenny Martin Design and South Shore Cabinetry

BEST TRADITIONAL KITCHEN OVER 300 SQ. FT.

- Abstract Developments, Zebra Design and Hobson Woodworks
- Jason Good Custom Cabinets
- Thomas Philips Woodworking
- Thomas Philips Woodworking

BEST CONTEMPORARY KITCHEN UNDER 175 SQ. FT.

- Abstract Developments
- GT Mann Contracting Ltd.
- Parsi Development Ltd.
- The Sky Is The Limit Design and R. Parsons Construction Ltd.

BEST CONTEMPORARY KITCHEN 175 - 250 SQ. FT.

- Gary Sandhu Developments Ltd.
- Homewood Constructors Ltd.
- Jenny Martin Design, Maximilian Huxley Construction and South Shore Cabinetry
- Terry Johal Developments Ltd. and South Shore Cabinetry

BEST CONTEMPORARY KITCHEN OVER 250 SQ. FT.

- Jason Good Custom Cabinets
- Jenny Martin Design and Jason Good Custom Cabinets
- South Shore Cabinetry
- Urban Core Ventures

BEST BATHROOM UNDER 160 SQ. FT.

- Gary Sandhu Developments Ltd.
- GT Mann Contracting Ltd.
- Urban Core Ventures

BEST BATHROOM OVER 160 SQ. FT.

- Jason Good Custom Cabinets
- Jenny Martin Design, Coast Prestige Homes and Thomas Philips Woodworking
- Jenny Martin Design and Jason Good Custom Cabinets

BEST MASTER SUITE UNDER 400 SQ. FT.

- Falcon Heights Contracting and Ryan Hoyt Designs
- Jenny Martin Design, Maximilian Huxley Construction and South Shore Cabinetry
- Jenny Martin Design and South Shore Cabinetry
- South Shore Cabinetry and Jenny Martin Design

BEST MASTER SUITE OVER 400 SQ. FT.

- GT Mann Contracting Ltd.
- Jenny Martin Design and Jason Good Custom Cabinets

BEST MEDIA ROOM

- Terry Johal Developments Ltd.
- Urban Core Ventures



BEST INTERIOR RESIDENTIAL UNDER 3,000 SQ. FT.

- Bowcey Construction Ltd.
- Gorter Construction Ltd.
- GT Mann Contracting Ltd.
- The Sky Is The Limit Design and R. Parsons Construction Ltd.

BEST INTERIOR RESIDENTIAL 3,000 - 4,000 SQ. FT.

- Jenny Martin Design and Jason Good Custom Cabinets
- Patterson & Kaecher Construction Ltd.
- Terry Johal Developments Ltd.

BEST INTERIOR RESIDENTIAL OVER 4,000 SQ. FT.

- Christopher Developments and Zebra Design
- GT Mann Contracting Ltd.
- KB Design and Jason Powell Construction
- Urban Core Ventures

BEST INTERIOR RESIDENTIAL - CONDO

- Abstract Developments
- Concert Real Estate Corporation
- Jenny Martin Design and South Shore Cabinetry

BEST CUSTOM MILLWORK UNDER 2,000 SQ. FT.

- Bowcey Construction Ltd.
- The Sky Is The Limit Design and R. Parsons Construction Ltd.
- Three Sixty Degree Construction Ltd.

BEST CUSTOM MILLWORK 2,000 - 5,000 SQ. FT.

- Abstract Developments and Hobson Woodworks
- Christopher Developments, Hobson Woodworks and Zebra Design
- KB Design and Jason Powell Construction
- Terry Johal Developments Ltd. and South Shore Cabinetry

BEST CUSTOM MILLWORK OVER 5,000 SQ. FT.

- Abstract Developments, Zebra Design and Hobson Woodworks
- Jason Good Custom Cabinets

BEST COMMERCIAL PROJECT (NEW OR RENOVATED)

- Abstract Developments
- Gorter Construction Ltd.
- Three Sixty Degree Construction Ltd.

BEST INTERIOR - COMMERCIAL

- Aryze Developments
- Denford Construction Management Ltd.
- Gorter Construction Ltd.
- Three Sixty Degree Construction Ltd.

BEST CONDOMINIUM PROJECT OR MIXED-USE DEVELOPMENT

- Abstract Developments

- Concert Real Estate Corporation
- Denford Construction Management Ltd.
- Homewood Constructors Ltd.

CUSTOMER SERVICE BUILDER/RENOVATOR

- Concert Real Estate Corporation
- Limona Group
- Verity Construction Ltd.

BEST SALES CENTRE / SHOWROOM CONDOMINIUM PROJECT

- Abstract Developments
- Homewood Constructors Ltd.

BEST SALES CENTRE / SHOWROOM SUBDIVISION

- Limona Group
- Verity Construction Ltd.

BEST WEBSITE - COMPANY

- Abstract Developments
- Christopher Developments
- Limona Group

BEST WEBSITE - PROJECT

- Metropolitan Capital Partners
- Parsi Development Ltd.
- Verity Construction Ltd.

BEST OVERALL MARKETING CAMPAIGN

- Abstract Developments
- Metropolitan Capital Partners
- Verity Construction Ltd.

BEST HERITAGE PROJECT

- Abstract Developments and Zebra Design
- Bowcey Construction Ltd.
- Concert Real Estate Corporation
- Gorter Construction Ltd.

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EFFICIENCY

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GREEN BUILDER OF THE YEAR LARGE VOLUME

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- Verity Construction Ltd.

PROJECT OF THE YEAR

SINGLE FAMILY

- Christopher Developments and Zebra Design
- GT Mann Contracting Ltd.
- KB Design and Jason Powell Construction
- Urban Core Ventures

PROJECT OF THE YEAR

MULTI-FAMILY

- Abstract Developments
- Concert Real Estate Corporation
- Denford Construction Management Ltd.
- Parsi Development Ltd.

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Insider Paris

More than almost any other city, Paris is a city of neighbourhoods. Each arrondissement (even saying the word channels sophistication) has its own character: the bourgeois 6th, the rabbit warren that is the 3rd, the buttoned-down 7th. For your first trip, hopping from one to the other is fine, but repeat trips to the City of Light require a touch more precision—landing in one spot and living like a local. This issue we take you to South Pigalle, a former red-light district tucked away in the 9th. It's currently Paris's hottest arrondissement—see page 100 for why we say so.



Old Faithful
Located in the 1st Arr.,
Place Vendôme was
created in 1702 as a
monument to Louis
XIV. *Mon Dieu!*



①

Recently launched a collection of organic, chemical-free hair-care products that are handmade in Hel-Mel.



HEL-MEL YEAH!

The duo behind Parker Barrow wax on their cool L.A. 'hood.

Jef Hancock and Janette Ewen are partners at Parker Barrow Creative Studio, located off Melrose in Hel-Mel (a.k.a. Heliotrope and Melrose). The firm specializes in unique design objects and artisanal wallpapers printed in Los Angeles, and will be bringing their SoCal style to the Vancouver Home and Design Show from October 22 to 25, where they'll be designing the *Western Living* lounge. Here, they share their love for their home turf.

① Julio Romano, owner of **Shampoo Lio hair salon**, is (along with his well-loved pup, Morris) the unofficial mayor of Hel-Mel. Both locals and celebrities make their way to his studio for great conversation, cutting-edge hairstyles and the "best blonde" in SoCal.

② The two floors of **Eric Berg's Early California Antiques shop** are chock-a-block with authentic Spanish colonial and Spanish revival treasures dating up to World War II.

③ The site of many a Parker Barrow meeting or break stop, **Scoops** has been a Hel-Mel go-to for over 10 years and produces some of the best gelato in all of Los Angeles.

④ New on Melrose is **Clad Home**, a bright store and design studio full of stylish finds. With custom upholstery and vintage mid-century modern furnishings, owner Rosa Beltran has captured a quintessential "casual comfort" style.

⑤ No visit to Hel-Mel is complete without a stop at the **Faculty**, home to our favourite sandwich (the Hot Italian) as well as a great selection of craft beers and boutique wines.

Flavours include Dr Pepper or olive oil with lava salt.



③



②

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View from the Top

Montmartre's Sacré Coeur is the perfect vantage point to look down across the South Pigalle neighbourhood.



THE SoPi PLAY BOOK

by NEAL MCLENNAN // photographs by JOANN PAI

*A STOP-BY-STOP GUIDE
TO PARIS'S HOTTEST
NEIGHBOURHOOD.*



Shell Shock
The L'Oeuf mini-empire includes three shops in SoPi: one for home wares, another for knick-knacks and this new spot for hip shoes.



T

I learned the hard way that the age of your cab driver will greatly affect the response you get when you ask them to take you to Paris's South Pigalle neighbourhood. My first ride was from a "seasoned" old soul with enormous sideburns who picked me up outside the Shangri-La Hotel near the very tony 8th arrondissement. I gave him my destination, and his equally large eyebrows raised in a universal tsk-tsking gesture at my desire to head to the city's former red-light district. But the next day, a young Uber driver had the exact opposite response. "SoPi, huh?" he said, using the area's new hipster moniker. "Very cool, very Brooklyn."

In a city where a neighbourhood can go from dicey to fashionable to overexposed in the blink of an eye (the once red-hot Marais is equal parts chain stores and tour buses these days), SoPi is currently the stop of choice for the city's BoBos (bourgeois bohemians). It's just had its first boutique hotel bestowed upon it—the clubby and swank Grand Pigalle; it has the independent fashion store—the eponymously named Pigalle—that does mash-ups with Nike; and it currently boasts what's allegedly the most difficult nightclub in town to get into: Chez Moune. But SoPi's defining characteristic is that it has no one sight that attracts tourists. Directly to the north you have the white dome of the Sacré Coeur anchoring the legendary Montmartre neighbourhood. To the south you have the Paris Opera House, but in between the two you have that rarity in central Paris—an actual neighbourhood where real Parisians, especially those involved in creative pursuits, live and shop and eat in a series of winding cobblestone streets flanked by the beautifully ubiquitous five-storey Haussmannian apartment buildings.

But the world is coming. The neighbourhood not only has a Kiehl's, but also, as of recently, the even more upscale Aesop—and L'Occitane can't be far behind. And the charming Rue des Martyrs, which acts as the area's main drag, is increasingly busy with intruders into the area's idyll, often wearing those fashionable sweatpants with perfectly white Adidas Stan Smiths. But for the time being—October 2015—the area is where it's at: a perfect blend of hip and local and irreverent and serious—and here's the playbook for grasping all of it.



EAT

SoPi has really embraced the *vin naturel* (natural wine) movement, which is great if you like the very distinct taste of this style (detractors call it vinegar-esque), but, if not, it's tough to get a "regular" bottle. The solution is the brand-new **L'Atelier des Sommeliers**, a shop and tasting bar run by two sommeliers with gold-standard pedigrees (having worked at Paul Bocuse and Taillevent) that has a small but beautifully curated selection of those available-only-in-France bottles that deserve a spot in your Tumi.

No spot typifies the SoPi renaissance more than **Buvette**. It has a sister restaurant in New York's West Village, it's beloved by *Le Fooding* guide (a.k.a. the hipster *Michelin*), and it captures that relaxed, authentic vibe without being jaded about the entire enterprise. It's pretty cheap to boot.

Merguez and Pastrami, a brand-new haute sandwich restaurant, definitely channels the area's Brooklyn tendencies (but in the best way). Beautiful bread trapping Moroccan-influenced ingredients in a very smart white-tiled room. Sandwiches are in the 15-euro range.

An acclaimed chef (he worked at the Hôtel de Crillon) opens a true bistro on a quiet side street with no fuss and low prices (*entrée + plat + dessert = 34 euros*): it sounds like a studio pitch, except that it's **Les Canailles**, and it's very real. A gem.

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Dirty Dick

DRINK

When you're opening Paris's premier tiki bar, you probably spend more money on rum than on signage—hence **Dirty Dick** simply keeping the name of the previous "adult" enterprise, which occupied 10 Rue Frochot. The drinks here—among the best in town—are no laughing matter, and it's also one of the few places that features beer from the city's nascent craft brewing scene.

If you've just gotta shake it and don't mind standing in line, then hit **Chez Moune**. It first opened as a cabaret in 1936, but its current reboot as a no-cover (rare in the City of Light) nightclub is what draws the monster crowds from Wednesday to Saturday.

The excellent **Le Vin au Vert** wine shop is perfect if you want to dip your toes in the *vin naturel* revolution. Bonus: they stock wines from tough-to-find Vins Hodgson, the small winery from former Vancouverite Kenji Hodgson.



Dirty Dick



Chez Moune

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L'Objet Qui Parle



Pigalle

SHOP

It's not surprising that the cool neighbourhood has a school maps and taxidermy store, but **L'Objet Qui Parle** stuns with an amazingly well-priced collection of ephemera just dying to take up residence in some new Gastown restaurant.

Contrary to popular opinion, you can navigate Paris for days without ever running into the famed snooty Frenchman of lore. But if you just need some Gallic disdain, then **Pigalle**, the acclaimed purveyor of sweatshirts that say "Pigalle" on them, is for you. But their goods—they sell snap-back hats as well—continue to be *de rigueur* for those rocking Paris street style, so if that's your jam, then bingo.

A notch up in the price and style range is a local outpost of the ultra-chic Japanese-French collab **Maison Kitsuné**, which produces basic tees, ties and polos for fashionable fashionistas across the

globe. This spot also has a cute little café with much less attitude than the famed **KB Cafeshop** around the corner.

Arnaud Delmontel is one of Paris's most acclaimed crafters of baguettes (that's a very big deal in these parts), and he sells his pricey but beautiful carbs from a small shop on the Rue des Martyrs. Tip: every Thursday from 4 to 8:30 p.m. is baguette happy hour, with each one going for just one euro.

The timeless design of **A.P.C.** clothing makes it the perfect souvenir of Gallic style. The downside? It almost never goes on sale, which is why the tiny surplus outlet on rue André del Sarte is a godsend—because when a brand doesn't follow trends, buying last year's jeans (hint: they look exactly like this year's jeans) for 50 percent off feels *très bien*.



Arnaud Delmontel

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STAY

When it comes to hotels in former red-light districts, one rule is paramount above all else: they'd better be brand-new lest you walk into an establishment that still rents rooms by the hour. That's why the arrival of the **Grand Pigalle Hotel** is such a blessing for the area—it not only offers stylish lodging, but its presence caps the area's renaissance.

The hotel is the brainchild of the team behind the **Experimental Cocktail Club**, arguably the most influential watering hole in both Paris and London, and the attention to service and detail is as exacting as the perfect gin fizz that they make at the in-house bar. The rooms are small, but about a third the price of what they cost near the Champs-Élysées, and there appears to be a youthful excitement to the place that's infectious—the open brasserie and bar on the main floor feels like the sort of place Cara Delevingne or Tony Bennett might drop by for a nightcap. **WL**



FIELD TRIP

La Musée de la Vie Romantique

This bizarre little ode to the works of largely forgotten painter Ary Scheffer is a required sojourn for two reasons.

- 1.** It is the best-named museum ever.
- 2.** The quaint little period building/museum takes about seven minutes to amble through (George Sand's furniture is here). Afterward, a tea taken in the calm pea-gravel garden is the next best thing to a time machine to inject a little serenity into an otherwise hectic day.

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THURSDAY, OCT 22

4PM - 9PM

FRIDAY, OCT 23

NOON - 9PM

SATURDAY, OCT 24

10 AM - 9PM

SUNDAY, OCT 25

10 AM - 6PM

MEET CELEBRITY GUESTS CHERYL TORRENUEVA,
SAMANTHA PYNN, JILLIAN HARRIS & TODD TALBOT.



CHERYL TORRENUEVA



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CELEBRITY GUESTS



JILLIAN HARRIS & TODD TALBOT

Hosts of W Network's
Love it or List it Vancouver
@JillianHarris @ToddTalbot

A self-proclaimed "polished redneck," **Jillian Harris** is an expert at mixing equal parts whimsical and classical to achieve her coveted style. As co-host of W Network's *Love It or List It Vancouver* and proprietor of Jillian Harris Design, Jillian's motto about doing it all never rests.

The other half of *Love It or List It Vancouver*, talented thespian and longtime investor, advisor and real estate consultant, **Todd Talbot** is a man of many talents. With a reputation as a savvy real estate mind, Todd has years of experience buying, selling and renovating properties, and a fierce commitment to bringing the possibility of home ownership to Vancouverites.



SAMANTHA PYNN

Host of HGTV's
Open House Overhaul
@SamanthaPynn

Samantha Pynn is a designer, stylist and the host of *Open House Overhaul* on HGTV Canada. She is also the contributing home editor for *Chatelaine*, a home columnist for *National Post* and regular guest expert on Citytv's *Cityline*.

Sam is most excited about her recent partnership with Simons which opens at Park Royal mid-October. There she will launch a home collection of bedding, bath and tabletop linens that captures everything she loves as a designer: touch-me textures, gorgeous colours and mix-and-match pieces that deliver maximum style with minimum effort.



CHERYL TORRENUEVA

Host of
Game of Homes Vancouver
@Cher_Torrenueva

Cheryl Torrenueva has become a hot commodity in the TV and design worlds! As a resident judge on W Network's *Game of Homes* and a top designer on Food Network USA's *Restaurant Impossible*, Cheryl has quickly made her mark in the design scene across North America. She's known for her innovative designs on *Restaurant Makeover*, *Restaurant Takeover* and as the feisty design manager on *Colin & Justin's Home Heist*. Cheryl just launched her own YouTube Channel "*Simply Cher Cher*" with Kin Community.

For more information on our celebrity guests, visit www.vancouverhomeshows.com

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THURSDAY	4 PM	Show Opens	10 AM	Show Opens	10 AM	Show Opens
	7 PM	Janette Ewen & Jef Hancock* Around the World with Parker Barrow	11 AM	Susie Wall* How to Have the Bling Without the Sting	11 AM	Susie Wall* How to Have the Bling Without the Sting
	9 PM	Show Closes	NOON	Cheryl Torrenueva* DIY or DELEGATE? A Renovation Reality Check	NOON	Leigh-Ann Allaire Perrault* The Art of Upcycling: How to Discover, Transform and Repurpose Old Things
FRIDAY	NOON	Show Opens	1PM	Sarah Gallop* How to Stay Married When Renovating or Building a New Home	1PM	Jamie Banfield* Style and Design with Power Smart in Mind!
	1PM	Western Canada's Next Home Stylist Winner*	2 PM	Jillian Harris & Todd Talbot* For Love or Money	2 PM	Cheryl Torrenueva* DIY or DELEGATE? A Renovation Reality Check
	2 PM	Dean Mitchell* How to Plan for Your Home Renovation	3 PM	Samantha Pynn* Maximum Style With Minimum Effort	3 PM	Dean Mitchell* How to Plan for Your Home Renovation
	3 PM	Janette Ewen & Jef Hancock* Around the World with Parker Barrow	4 PM	Christine Friend* Entertaining Spaces	4 PM	Sarah Gallop* How to Stay Married When Renovating or Building a New Home
	4 PM	Sarah Gallop* How to Stay Married When Renovating or Building a New Home	5 PM	Cheryl Torrenueva* DIY or DELEGATE? A Renovation Reality Check	6 PM	Show Closes
SATURDAY	5 PM	Christine Friend* Entertaining Spaces	6 PM	Leigh-Ann Allaire Perrault* The Art of Upcycling: How to Discover, Transform and Repurpose Old Things		
	6 PM	Janette Ewen Think Like a Designer	7 PM	Jamie Banfield* Style and Design with Power Smart in Mind!		
	7 PM	Jillian Harris & Todd Talbot* For Love or Money	9 PM	Show Closes		
	9 PM	Show Closes				

*Stage schedules subject to change

- * Presented by Love it or List it Vancouver
- * Presented by Parker Barrow
- * Presented by Canadian Renovations
- * Presented by Sarah Gallop Design
- * Presented by Friendly Decorator
- * Presented by Game of Homes Vancouver
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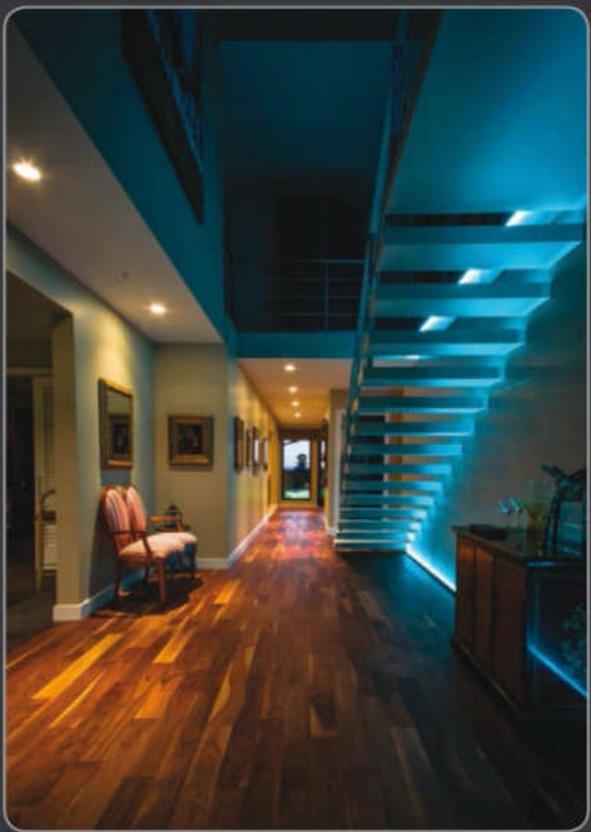
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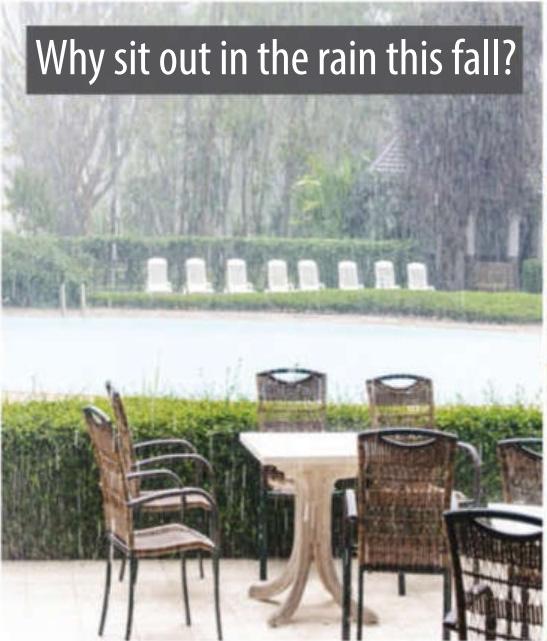
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WESTERN CANADA'S NEXT HOME STYLIST

This summer, three of Western Canada's top tastemakers went head-to-head in the ultimate competition to discover Western Canada's Next Home Stylist, with the winner claiming the title of official Marketplace Events spokesperson in Western Canada. Stop by the show to see them in action on the Main Stage on Friday, October 23 and see their style in person at the Look Book area, complete with the hottest furniture decor trends from Urban Barn.

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AND MAKE SURE YOU DON'T MISS:

Ottoman Empire, Ask A Designer, M(art)ket & Portobello West.

FLOFORM LOUNGE

Study up on fall's must-have home styles in the latest issue of *Western Living* magazine, well-deserved bevvy in-hand. Styled by Parker Barrow and located steps away from the Main Stage, you can lay back without losing out on any of the action – talk about the best of both worlds.

PRESENTED BY **FLOFORM** **CAMBRIA** **WL** WESTERN LIVING MAGAZINE

DESIGNED BY **PARKER BARROW** FURNISHED BY **BEST BUY**

ULTIMATE UPCYCLE CHALLENGE: TAKE A SEAT

Do-gooders, take note! We've recruited 15 of Vancouver's top media personalities, designers and tastemakers to turn drab into fab for a cause. Armed with a black box of Rust-Oleum products and a small design budget, each participant will upcycle a pre-loved piece from ReStore into a swoon-worthy seat that's fit for a second chance at love. Bid on your favourite seat at our silent auction (100% of proceeds benefit Habitat for Humanity Greater Vancouver) and rest easy knowing you've made a difference by going green and giving back. It's design, with a conscience.

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BC HYDRO POWER SMART DREAM HOUSE

An energy efficient home can also be a stylish one! Designer Jamie Banfield of Jamie Banfield Designs will create the ultimate dream house combining contemporary design and energy conservation. Learn easy ways to lower your energy bills while creating an eye pleasing living space. It's official, energy efficiency can fit into any space.

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VANCOUVER MAGAZINE COOKING STAGE SCHEDULE

THURSDAY	4 PM	Opening Night	10 AM	Show Opens	10 AM	Show Opens
	9 PM	Show Closes	NOON	Samsung Junior Chef Challenge PRESENTED BY SAMSUNG	11:30 AM	Chef Keev Mah* Sai Woo: Delish Dumplings
	NOON	Show Opens	2 PM	Kelly Beswitherick* OMEGA FLAX PRESENTS Kitchen Caileigh: The Paleo Diet	1PM	Chef Juno Kim* Juno Kim Catering: Food Styling Workshop
	12:30PM	Chef James Olberg* COAST: The Art of Butchering	3:30 PM	Kurtis Kolt* Sommelier: Wine Pairing Workshop	3 PM	Chef Elie Nehme* Nosh: The Art of Dessert & Pastries
FRIDAY	2 PM	Chef Sheldon Maloff* Provence Marinaside: Asian Crudo	5 PM	Chef Taryn Wa* Savoury Chef: Dim Sum-thing	6 PM	Show Closes
	4 PM	Jennifer Trecartin* My Edible Advice: Healthy Juicing & Smoothies	7 PM	Emma Davison* Golden Ears Cheesecrafters: The Art of Cheese		PRESENTATION CATEGORY
	6 PM	Sean Fay & Chef Brandon Dac* Boy With A Knife: Knife Skills Workshop	9 PM	Show Closes		* Asian * Hot Topics * Artisanal * Culinary Skills
	9 PM	Show Closes				

*Stage schedules subject to change

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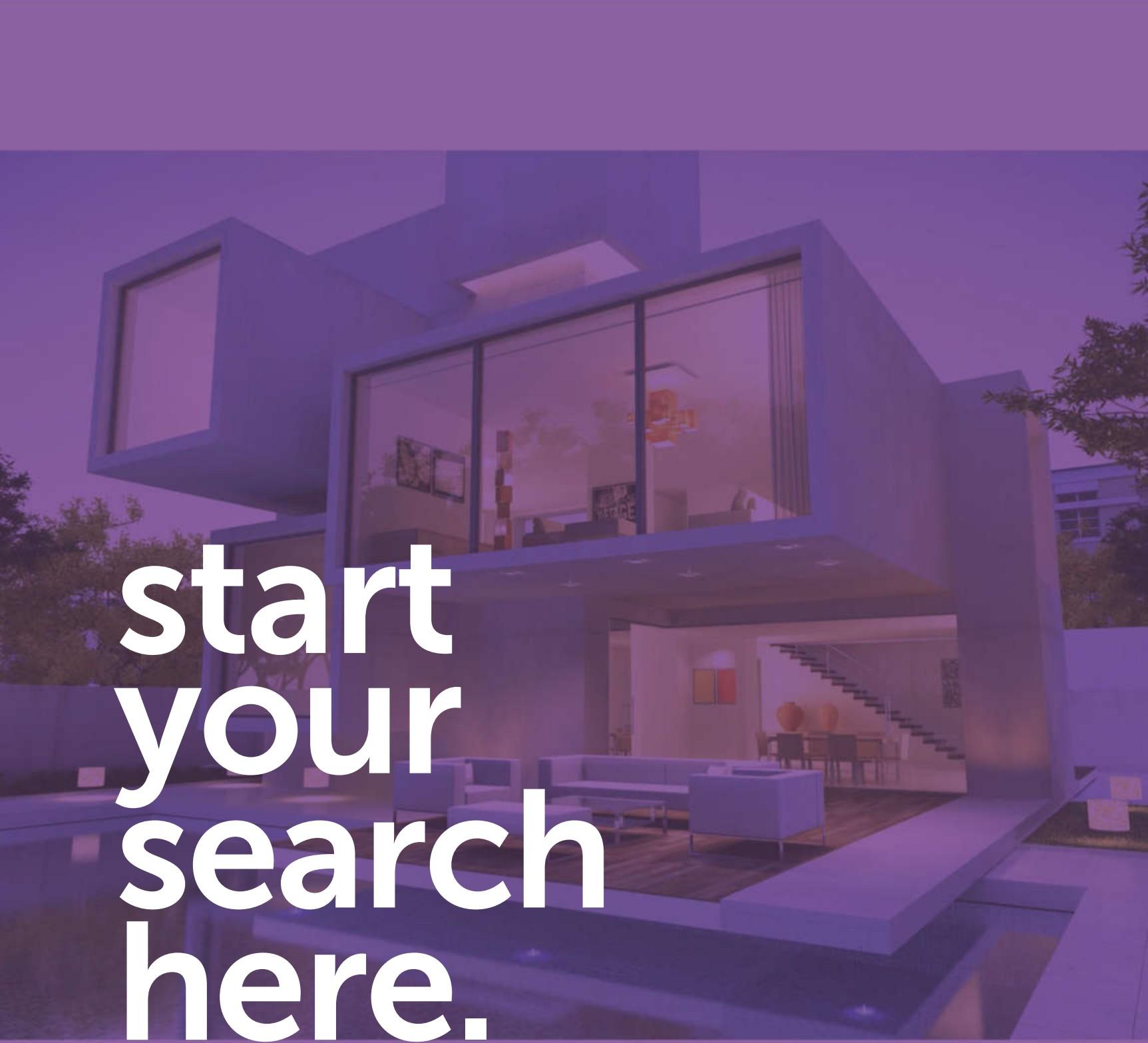
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PAGE 34

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This Room Rocks

PAGE 30 Designer, Jamie Deck, Shift Interiors, Vancouver, shift-interiors.com.

The New Luxe

PAGES 34-48

PAGE 35 Jonathan Adler Jacques bench, Mint Interiors, Vancouver, mintinteriors.ca; Chintz and Co., Victoria, chintz.com. **Stratum grey and gold rug**, East India Carpets, Vancouver, eastindiacarpets.com. PAGE 36 **Liev brass console**, Once a Tree Furniture, Vancouver, onceatreefurniture.com; Chintz and Co., Victoria, chintz.com. **Brass Jackson sphere**, Provide, Vancouver, providehome.com. PAGE 37 **Gus Modern Elk chair**, Stylegarage, Vancouver, stylegarage.com; Chester Fields, Victoria, chester-fields.com. **Ligne Roset Copper and ash side table**, Ligne Roset Good Morning side table, Ligne Roset Clara coat rack, LivingSpace, Vancouver, livingspace.ca. PAGE 38 **Normann Copenhagen Onkel two seat sofa**, Vancouver Special, Vancouver, vanspecial.com. PAGE 39 **Mesa dinette table**, EQ3, Vancouver and Calgary, eq3.com. **Jonathan Adler Futura Jackson vase**, Mint Interiors, Vancouver, mintinteriors.ca. PAGE 40 **Ligne Roset Alacantara and wool ottoman armchair**, LivingSpace, Vancouver, livingspace.ca.

Lighten Up

PAGE 42

Matrioshka glass pendants, Lightform, Vancouver, Calgary and Edmonton, lightform.ca. **Swabdesign task lamp**, West Elm, Vancouver, westelm.ca. **JWDA Concrete lamp**, Vancouver Special, Vancouver, vanspecial.com. **Artemide Net Line, Artemide Tizio lamp**, Gabriel Ross, Victoria, grshop.com; LivingSpace, Vancouver, livingspace.com. **Erickson rectangular chandelier**, Robinson Lighting and Bath, Vancouver, robinsonlightingandbath.com.

Sweet Spot

PAGE 44

Eilersen Cocoon sofa, StudioY Design, Victoria,

studiodesign.ca; Country Furniture, Vancouver, countryfurniture.net. **MDF Italia Thea sofa**, LivingSpace, Vancouver, livingspace.com. **GIA sofa**, Crate and Barrel, Vancouver, crateandbarrel.ca. **Egoist sofa**, Mint Interiors, Vancouver, mintinteriors.ca. **Tudor sofa**, Spencer Interiors, Vancouver, spencerinteriors.ca.

The Lowdown

PAGE 46

Architect nesting tables, West Elm, Vancouver and Calgary, westelm.ca. **Jonathan Adler Brass Teardrop table**, Mint Interiors, Vancouver, mintinteriors.ca; Chintz and Co., Victoria, chintz.com; Kit, Calgary, kitinteriorobjects.com; The Artworks, Edmonton, theartworks.ca. **Granville coffee table**, BoConcept, Vancouver, boconcept.ca. **Brick coffee table**, Brougham Interiors, Vancouver, broughaminteriors.com. **Marble Bignè table**, Spencer Interiors, Vancouver, spencerinteriors.ca. **Sullivan coffee table**, LivingSpace, Vancouver, livingspace.com; Shaun Ford and Co., Calgary, shaunfordandco.com.

On the Side

PAGE 48

Pix pouf, LivingSpace, Vancouver, livingspace.com. **Lake Collection rug**, LivingSpace, Vancouver, livingspace.com. **Teton trunk**, Crate and Barrel, Vancouver, crateandbarrel.ca. **Felt Drop mirror**, CB2, Vancouver, cb2.com. **Cascade wool blanket**, Urban Barn, across the West, urbanbarn.com. **Handy end table**, Inspiration Furniture, Vancouver, inspirationfurniture.ca. **Succulents**, Home Depot, across the West, homedepot.ca. **Glass and wood hurricanes**, Pier 1 Imports, Vancouver, Calgary, and Edmonton, pier1.ca.

View to a Thrill

PAGES 52-58 **Architect**, Jeremy Sturgess, Sturgess Architecture, Calgary, sturgessarchitecture.com. PAGE 52 **DINING ROOM** **Sistemalux Tango track lighting and Multiple Small ceiling lights**, CD/M2 Lightworks, Vancouver, cdm2lightworks.com. **Horizon dining table, Queen dining chairs and Horizon cabinet**, Roche Bobois, Vancouver, roche-bobois.com. **Herbert Siebner painting**, Wallace Galleries, Calgary, wallacegalleries.com. PAGE

54 **PATIO** **Morocco sectional and decorative pillow**, Crate and Barrel, Vancouver, crateandbarrel.ca. **Baja wood decking**, Kayu Canada, Calgary, kayu.ca.

PAGE 55 **LIVING ROOM** **Ligne Roset Mama floor lamp**, LivingSpace, Vancouver, livingspace.com. **Cavett leather chair**, Crate and Barrel, Vancouver, crateandbarrel.ca. **Knit ottoman**, Roche Bobois, Vancouver, roche-bobois.com. **B&B Italia Maxalto Recipio coffee table, Charles sofa and navy pillows**, Inform Interiors, Vancouver, informinteriors.com. **Yellow pillows**, DaDe Art and Design Lab, Calgary, interiordesign-calgary.com. PAGES



PAGE 52

DIARY

The coolest events



EDMONTON

Okttoberfest

October 2-3

A little bit of Bavarian charm comes to Edmonton as Western Canadian breweries (from Wild Rose to Stanley Park) serve up their finest ales alongside beer-pairing-friendly bites and an oompah band. albertabeerfestivals.com



CALGARY

Kaleidoscopic Animalia

October 17-May 22

Take a walk on the wild side: the exhibit, curated by fashion designer and Glenbow Museum's artist-in-residence Paul Hardy, focuses on animals and their portrayals in different eras and styles of artwork. glenbow.org



VANCOUVER

Home and Design Show

October 22-25

The 325-plus exhibits are sure to offer some inspiration for your next home makeover. Catch Parker Barrow and stars from HGTV on the main stage, or kick back in the *Western Living* lounge. vancouverhomeanddesignshow.com

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56 & 57 KITCHEN Faber Cylindra Isola island hood, Griffin Design Kitchens, Victoria, griffindesignkitchens.com; Trail Appliances, Vancouver, trailappliances.com. **Sistemalux Modem pendant light**, CD/M2 Lightworks, Vancouver, cdm2lightworks.com. **Bocci 14 hanging lights**, Inform Interiors, Vancouver, informinteriors.com. **Blanco Ziros faucet**, Andrew Sheret, Victoria, sheret.com; Robinson Lighting and Bath, Vancouver, robinsonlightingandbath.com. **Magis Stool_One**, Gabriel Ross, Victoria, grshop.com; Design House, Vancouver, designhouse.ca. **Backsplash paint colour**, Jaunty by General Paint, across the West, generalpaint.com. **PAGE 58 HALLWAY Artwork**, Susanna Espinosa, Gibson Fine Art, Calgary, gibsonfineart.ca. **Custom bookshelf**, Italinteriors, Vancouver, italinteriors.com. **PAGE 59 BEDROOM Ceiling fan**, Kendal Lighting, Delta, B.C., kendalighting.com. **Agape Spoon tub**, Inform Interiors, Vancouver, informinteriors.com. **Rubi Quattro free-standing bathtub faucet**, EMCO, Victoria, emcoltd.com; **Artistic Baths**, Vancouver, artisticbaths.com. **SohoConcept Rebecca armchair**, Chesterfields, Victoria, chester-fields.com; **Bayside Furniture**, Vancouver, baysidefurniture.com. **Koncept Z-Bar lamp**, Creative Home Furnishings, Vancouver, creativehome.ca. **Encaustic painting**, by Ezshwan Winding, ezshwan.com. **Ligne Roset Peter Maly bed**, Livingspace, Vancouver, livingspace.com.

Design Lab

PAGES 62-70 Architects, Clinton Cuddington and Piers Cunningham, Measured, Vancouver, measured.ca. **PAGE 62 LIVING ROOM** Fortuny Studio 51 tripod floor lamp, fortunyshop.com. **Felt curtains**, Ravi Design, Vancouver, ravidesign.ca. **Artwork**, Fei Disbrow, fei.viewbook.com; Randy Gingera, ucalgary.ca; Laurie Steen, lauriesteen.com; Josef Albers, albersfoundation.org. **PAGE 64 DINING ROOM** Walnut dining table, custom by Wiens Studios. Cabinets, Nico Spacecraft and Measured Architecture collaboration, Roberts Creek, B.C., nicospacecraft.com. **Thonet plywood chairs**, homeowner's own. **PAGE 65 LIVING ROOM AND PATIO** Marsset portable lights, Lightform, Vancouver, lightform.ca. **Wall lamp**, workstead.com. **Saarinen Womb chair**, Gabriel Ross, Victoria, grshop.com; Inform Interiors, Vancouver, informshop.com. **Teak table**, Ikea, Vancouver, ikea.com. **PAGE 66 KITCHEN** Limestone counter, Margranite, Vancouver, ceramstone.com. **Dornbracht faucet**, Cantu Bathrooms, Vancouver, cantubathrooms.com. **White and gold tiles**, custom by Dear Human. **Metalarte Sentry lights**, Lightform, Vancouver, lightform.ca. **Cabinets**, Nico Spacecraft and Measured Architecture collaboration, Roberts Creek, B.C., nicospacecraft.com. **Lem barstools**, Livingspace, Vancouver, livingspace.ca. **PAGES 67 & 68 KIDS' ROOM** Custom cabinets, Measured and Nico Spacecraft, Roberts Creek, B.C., nicospacecraft.com. **PAGE 70 LANDING** Bertoia asymmetric chaise, Gabriel Ross, Victoria, grshop.com; Inform Interiors, Vancouver, informshop.com. **David Thauberger artwork (left)**, Nouveau Gallery, Saskatchewan, nouveaugallery.com. **Flos ceiling light**, Vibia Funnel wall light, Lightform, Vancouver, lightform.ca. **Chiro Vail artwork (middle)**, vintage. **Arthur McKay artwork (right)**, mayberryfineart.com. **PAGE 70 DINING AREA** Nomade leather bench, rug, Livingspace, Vancouver, livingspace.ca. **Aim pendant lights**, Lightform, Vancouver, lightform.ca. **PAGE 70 MASTER BEDROOM** Zanotta bed, Tolomeo Classic light, Inform Interiors, Vancouver, informshop.com. **Bedding**, West Elm, Vancouver, westelm.ca. **Window frames**, Western Windows, Calgary, westernwindows.com. **Pennsylvania Row House painting**, Lorraine Malach. **Foscarini Havana floor lamp**, Vancouver, lightform.ca.

Trade Secrets

PAGE 130 Designer, Ami McKay, Pure by Ami McKay, Vancouver, purebyamimckay.com. **WL**

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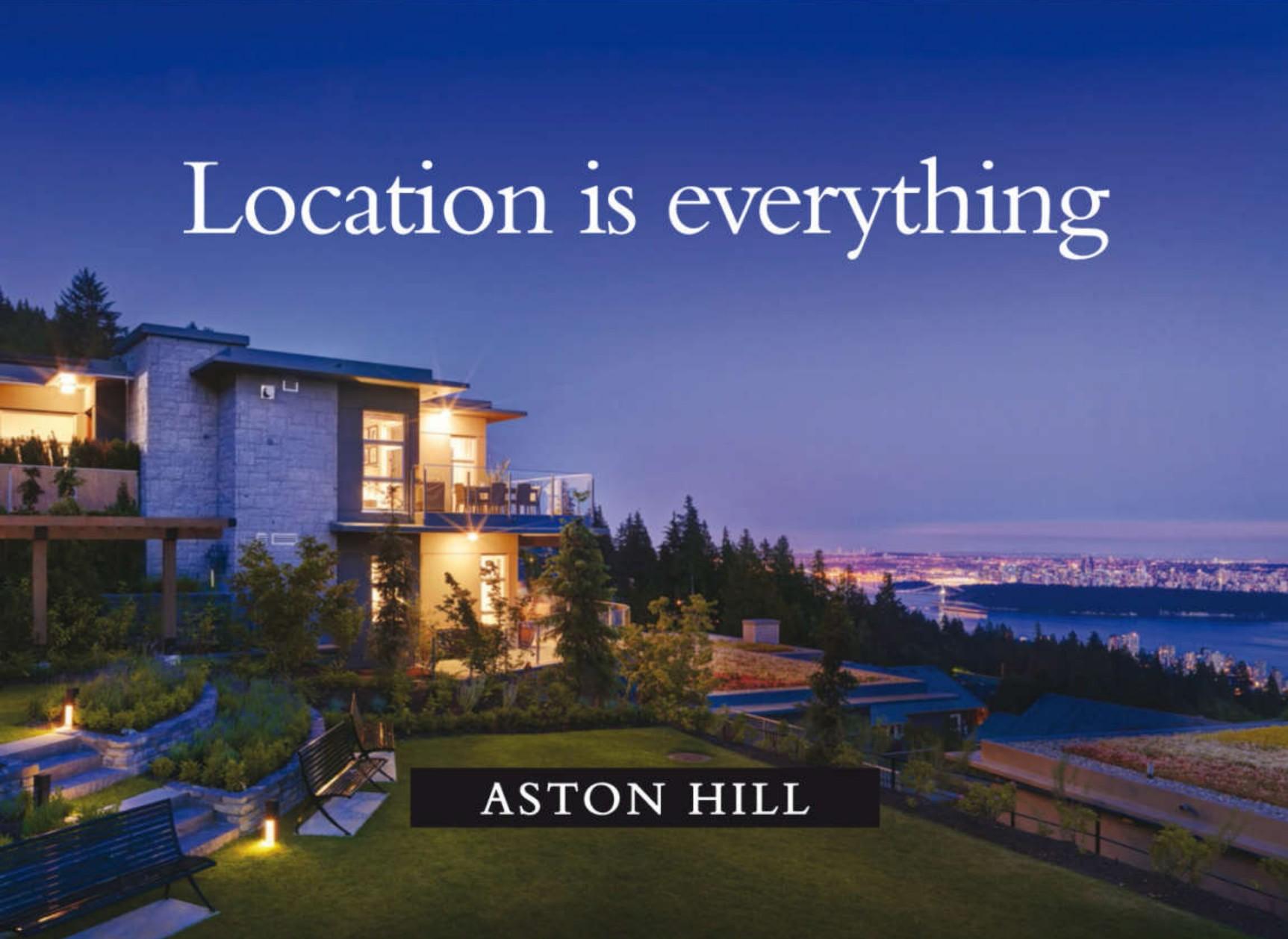
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